



Contra  
Costa  
County

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CLERK BOARD OF SUPERVISORS  
CONTRA COSTA CO

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Accepted

Rejected

## BOARDS, COMMITTEES, AND COMMISSIONS APPLICATION

### MAIL OR DELIVER TO:

Contra Costa County  
CLERK OF THE BOARD  
651 Pine Street, Rm. 106  
Martinez, California 94553-1292  
PLEASE TYPE OR PRINT IN INK  
(Each Position Requires a Separate Application)

### BOARD, COMMITTEE OR COMMISSION NAME AND SEAT TITLE YOU ARE APPLYING FOR:

Managed Care Commission

Member-At-Large Seat #4

PRINT EXACT NAME OF BOARD, COMMITTEE, OR COMMISSION

PRINT EXACT SEAT NAME (if applicable)

1. **Name:** Hockett Barbara Dean  
(Last Name) (First Name) (Middle Name)

2. **Address:** [REDACTED] Alamo, CA 94507  
(No.) (Street) (Apt.) (City) (State) (Zip Code)

3. **Phones:** [REDACTED]  
(Home No.) (Work No.) (Cell No.)

4. **Email Address:** [REDACTED]

### 5. EDUCATION: Check appropriate box if you possess one of the following:

High School Diploma ☐ G.E.D. Certificate ☐ California High School Proficiency Certificate ☐

Give Highest Grade or Educational Level Achieved MS, Ed.

Names of colleges / universities attended	Course of Study / Major	Degree Awarded	Units Completed		Degree Type	Date Degree Awarded
			Semester	Quarter		
A) CSU East Bay	Education	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>		58	MS, Ed.	1978
B) San Jose State University	Nursing	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>	147.5		BSN	1976
C) Diablo Valley College	General Education	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>	36		AA	1969
D) Other schools / training completed:	Course Studied	Hours Completed	Certificate Awarded: Yes No <input type="checkbox"/> <input type="checkbox"/>			

6. PLEASE FILL OUT THE FOLLOWING SECTION COMPLETELY. List experience that relates to the qualifications needed to serve on the local appointive body. Begin with your most recent experience. A resume or other supporting documentation may be attached but it may not be used as a substitute for completing this section.

<p>A) Dates (Month, Day, Year)</p> <p>From To</p> <p>4/1/2014 present</p> <p>Total: Yrs. Mos.</p> <p>4</p> <p>Hrs. per week 40 . Volunteer <input type="checkbox"/></p>	<p>Title</p> <p>Faculty</p> <p>Employer's Name and Address</p> <p>Cal State University East Bay 25800 Carlos Bee Blvd. Hayward, CA 94542</p>	<p>Duties Performed</p> <p>Instructor for Community Health Nursing. Negotiate partnerships to enhance the clinical experience of students while introducing them to community based organizations that help support their clients living in their homes.</p>
<p>B) Dates (Month, Day, Year)</p> <p>From To</p> <p>8/10/2004 8/5/2014</p> <p>Total: Yrs. Mos.</p> <p>10</p> <p>Hrs. per week 40 . Volunteer <input type="checkbox"/></p>	<p>Title</p> <p>Care Transitions Nurse</p> <p>Employer's Name and Address</p> <p>John Muir Physician Network 1340 Oak Treat Court Walnut Creek, CA 94597</p>	<p>Duties Performed</p> <p>Assessed patients in their home post discharge from acute care. Did medication reconciliation, assessed for risks and provided resources through community based organizations to keep them safe in their home. Provided follow-up for two weeks to determine their success and the need for further interventions.</p>
<p>C) Dates (Month, Day, Year)</p> <p>From To</p> <p>1/2/2003 12/30/2004</p> <p>Total: Yrs. Mos.</p> <p>1</p> <p>Hrs. per week 40 . Volunteer <input type="checkbox"/></p>	<p>Title</p> <p>Consultant</p> <p>Employer's Name and Address</p> <p>Health Net 2115 Fourth Street Berkeley, CA</p>	<p>Duties Performed</p> <p>Reviewed medical records for severity of illness and intensity of service to determine medical necessity in acute care hospitals in the San Francisco Bay Area.</p>
<p>D) Dates (Month, Day, Year)</p> <p>From To</p> <p>1/2/2002 1/2/2003</p> <p>Total: Yrs. Mos.</p> <p>1</p> <p>Hrs. per week 40 . Volunteer <input type="checkbox"/></p>	<p>Title</p> <p>Director of Nursing</p> <p>Employer's Name and Address</p> <p>Smith Ranch Care Center 1550 Silveira Pkwy San Rafael, CA 94903</p>	<p>Duties Performed</p> <p>Managed staff and patient care in a skilled nursing facility. Reviewed and audited medical records to maintain DHS standards for survey. Provided patient care, hired and evaluated nursing staff.</p>

7. How did you learn about this vacancy?

☐ CCC Homepage ☐ Walk-In ☐ Newspaper Advertisement ☐ District Supervisor ☒ Other Patricia Tanquary

8. Do you have a Familial or Financial Relationship with a member of the Board of Supervisors? (Please see Board Resolution no. 2011/55, attached): No ☒ Yes ☐

If Yes, please identify the nature of the relationship:

9. Do you have any financial relationships with the County such as grants, contracts, or other economic relations?

No ☒ Yes ☐

If Yes, please identify the nature of the relationship:

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and understand that all information in this application is publically accessible. I understand and agree that misstatements / omissions of material fact may cause forfeiture of my rights to serve on a Board, Committee, or Commission in Contra Costa County.

Sign Name: [REDACTED]

Date: 1/25/18

### Important Information

1. This application is a public document and is subject to the California Public Records Act (CA Gov. Code §6250-6270).
2. Send the completed paper application to the Office of the Clerk of the Board at: **651 Pine Street, Room 106, Martinez, CA 94553.**
3. A résumé or other relevant information may be submitted with this application.
4. All members are required to take the following training: 1) The Brown Act, 2) The Better Government Ordinance, and 3) Ethics Training.
5. Members of boards, commissions, and committees may be required to: 1) file a Statement of Economic Interest Form also known as a Form 700, and 2) complete the State Ethics Training Course as required by AB 1234.
6. Advisory body meetings may be held in various locations and some locations may not be accessible by public transportation.
7. Meeting dates and times are subject to change and may occur up to two days per month.
8. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.

**BARBARA HOCKETT RN, MS, Ed.**

**Alamo, California 94507**

## **QUALIFICATIONS:**

Leadership in public sector meetings, public hearings, and community workshops  
Development of partnerships with government, education and industry  
Excellent negotiation skills in management and labor union contracts  
Expertise in healthcare delivery systems and cost saving methods for care providers  
Understanding of Community College Contract Education and Community Education

## **EXPERIENCE:**

**John Muir Physician Network**  
**Care Transition Intervention Nurse 8/2004-1/2014**  
**1450 Treat Boulevard**  
**Walnut Creek, CA 94596**

Developed appropriate discharge plans for patients in Skilled Nursing Facilities and Acute Care hospitals with Discharge Planners. Negotiated insurance reimbursement for clients discharged to Skilled Nursing Facilities with special needs. Exceeded projected goals to decrease bed days and reduce length of stay. Wrote and implemented the Work Plan in response to a San Francisco Healthcare Foundation grant for Care Transitions Interventions. Implemented the CTI program and reduced hospital readmissions by 50%. Care Transition program curriculum was developed for Community Health Nursing at CSU East Bay.

**Solano Community College – 2007 – present**  
**Director – Bay Area Consortium for Clean Water Education - present**  
**4000 Suisun Valley Road**  
**Fairfield, CA**

A Plant Operator partnership was developed with Solano College to provide education at industry sites in the Bay Area. Partnerships with 20 Water/Wastewater Districts were formed to financially support a Plant Operator certificate program through Contract Education at industry sites in the Bay Area. Continued to evaluate the program and recently negotiated an agreement with Gavilan College to offer their Water Resource Management program at industry sites at no cost through Community Education.

**CSU East Bay**  
**Concord, Campus**  
**Faculty 2014 – Present**  
**4700 Ygnacio Valley Rd**  
**Concord, CA**

Assessed and selected patients for student home visits with Meals on Wheels for the Community Health Nursing course. Support the research and direction for the Community Health Practicum and

shared the outcomes and student developed community health resources with John Muir Health. Work with Meals on Wheels clients and their Fall Prevention program to provide student home visits and implement community based interventions for better client outcomes. Utilized Head Start for student experience in teaching pre-school children and their families health concepts.

**Health Net  
Medical Management Consultant 2003-2004  
155 Grand Avenue  
Oakland, CA 94612**

Provided utilization management and clinical assessments on Participating Provider Groups (PPGs) clients at onsite facilities to evaluate clinical practices and determine medical necessity. Worked with the Regional Medical Director and meeting with the PPG and health care facilities, the appropriate levels of care were being provided and the length of stay continued to remain low. Emergency Department admissions were evaluated to determine medical necessity. Provided concurrent review on Health Net clients using InterQual criteria and entered documentation in the Case Management Program computer database.

**Smith Ranch Care Center – Ocadian Care Center  
Director of Nursing 2002 - 2003  
1550 Silveira Parkway  
San Rafael, CA 94903**

Managed an Assisted Living Community and Directed the Quality Assurance program driven by the MDS using the Nursing Home Quality Initiative produced by the Center for Health Systems Research and Analysis. Represented Nursing at the Kaiser Rehabilitation Meeting where FEMS was used to predict length of stay for our Rehab Department. The facility received their first successful annual Department of Health Service Survey.

**Manor Care Health Services,  
Director of Nursing 2001 - 2002  
1975 Tice Valley Blvd.  
Walnut Creek, CA**

Patients with Medicare, Managed Care and Long Term Care were supervised in the delivery of nursing care. I recruited and retained all required levels of nursing professionals. Direct nursing care including medication administration, wound care for surgical wounds, vascular and pressure ulcers was provided. IV fluids for hydration and antibiotic therapy using PICC lines and peripheral sites were given. Assessed residents in multiple system failure and provided nursing interventions as appropriate.

**Regent Assisted Living, Inc.  
Regional Health Services Director 1999 - 2001  
121 SW Morrison, Suite 1000  
Portland, OR**

Provide education and quality management for fifteen Assisted Living/Alzheimer's Communities in California and Oregon. All California properties had deficiency free annual surveys. Implemented CNA and Resident Assistant education program to satisfy the requirements for the Romero Bill. Negotiated and implementation of a national pharmacy contract.

**SunBridge Healthcare Group  
Regional Analyst 1998 - 1999  
101 Sun Avenue NE  
Albuquerque, NM**

Provide financial consulting services to Skilled Nursing Facilities and education on the Prospective Payment System to Administrators, Regional Managers, facility staff and physicians. Provided education and oversight to the Case Manager, Admissions Coordinator and the MDS process to ensure the interdisciplinary team accurately carried out corporate programs.

**Central Contra Costa Sanitary District – Board Member  
Elected 1992 - 2012  
5019 Imhoff Place  
Martinez, CA**

Set policy to ensure a fiscally responsible budget and a well-managed District. Oversee public hearings on changes to District policy and projects that affect the community. Provide policy decisions for the District including rate setting. Chair the Capital Projects and Recycled Water committees. Serve as Board representative to the Cities of Alamo, Danville, San Ramon and the unincorporated area of Contra Costa County. Founded the successful Pharmaceutical Drop Off program in 12 Cities and developed the Plant Operator Certification program with Solano Community College and 22 Water/Wastewater industry partners.

**Nob Hill Healthcare Center  
Director of Education 1996 – 1998  
San Francisco, CA.**

Provided mandatory federal and state education programs and continuing education for Certified Nursing Assistants and licensed staff. Orientation included Physical Assessment, MDS, RAI, and hospital systems documentation. Cost controls were implemented under Kaiser, Veterans and Chinese Hospital Managed Care contracts. San Francisco City College provided CNA education using our facility for LVN and CNA student clinical placement.

**Regional Health Occupations Resource Center - Bay Region  
Director - 1991 - 1994 State Grant Funded  
Chabot College, Hayward, CA**

The State of California Department of Health Services and the Community College Chancellors Office established the Regional Health Occupations Resource Center at Chabot College. The Center served as a hub for healthcare planning and the development of partnerships with the healthcare industry and Community Colleges. Worked with Kaiser Permanente Medical Centers, and the Hospital Council of Northern California to develop and fund entry-level health education programs. Brought government, education, business, and community based organizations together in a collaborative effort to improve and expand health occupation programs in the bay area.

**Valley Memorial Hospital**  
**Director of Education - 1990 - 1991**  
**Livermore, CA.**

Developed continuing education programs for hospital staff and surrounding community using a multidisciplinary approach. Marketed education programs and developed a revenue-producing department. Planned and offered education courses targeted toward a successful Joint Commission on Accreditation Survey.

**Kaiser Regional Medical Center**  
**Director - Utilization Review & Discharge Planning 1989 - 1990**  
**Vallejo, CA.**

The Continuity of Care Department provided utilization review and discharge planning for Medicare and Kaiser Patients. Supervised Discharged Planning activities to insure the efficient use of hospital services and coordinated the utilization of outside resources.

**Sutter Medical Center**  
**Staff Nurse 1983 - 1989**  
**Oakland, CA.**

Staff nurse in Intensive Care, Coronary Care, Orthopedics, Short Stay Surgery and Employee Health. I provided onsite concurrent Utilization Review and Discharge Planning on an Orthopedic/Medical Surgical Unit and the Intensive Care Nursery.

**As-Salam International Hospital**  
**Director of Education 1981 - 1983**  
**Cairo, Egypt**

Developed and directed the Department of Education with six employees. Managed the library and supplied educational materials to medical residents, interns, ancillary staff and nursing personnel. Case study presentations were designed to reinforce teamwork and an appreciation for cultural differences. Organizational pathways were designed for reception, outpatient and laboratory services. Created Public Health Education materials tailored to meet the needs of the Egyptian population and their culture.

**Samuel Merritt University**  
**Faculty 1979 – 1981**  
**Oakland, CA.**

Classroom and clinical instruction was provided to freshman and senior nursing students in Medical/Surgical Nursing, Management, Orthopedics and Intensive Care Nursing. Researched and developed the curriculum for the Baccalaureate Nursing Program affiliated with Saint Mary's College in Moraga, CA.

**EDUCATION**

**Master of Science in Education** with curriculum option in Health Education  
California State University, East Bay  
Hayward, CA.



**Bachelor of Science in Nursing**

San Jose State University

San Jose, CA.

**Community Service**

East Bay Leadership Council

Water Task Force - member

East Bay Leadership Council

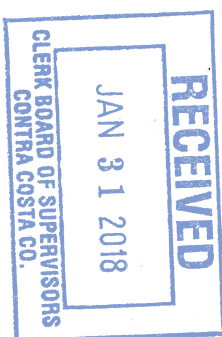
Healthcare Task Force - member

Rotary of Alamo



B. Hockett

Holms, OH  
94507



Contra Costa County  
Clerk of the Board  
651 Pine Street, Rm. 106  
Martinez, California 94553-1292



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\$0.71  
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01/28/18  
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