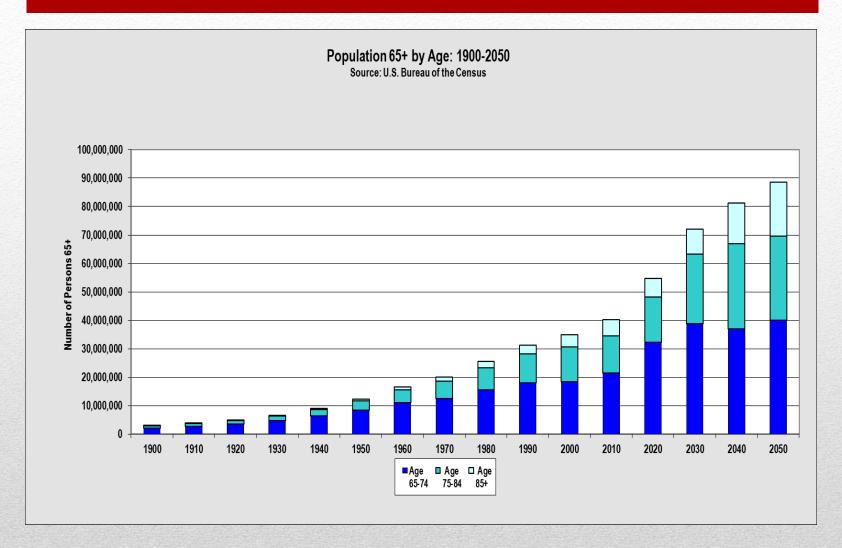
# Aging and Adult Services

Growth and Challenges

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10/4/18



#### 65 and older projections

Contra Costa County Elder Index 2011 (single renter): \$26,249

#### Elder Index vs. Common Income Sources for Seniors

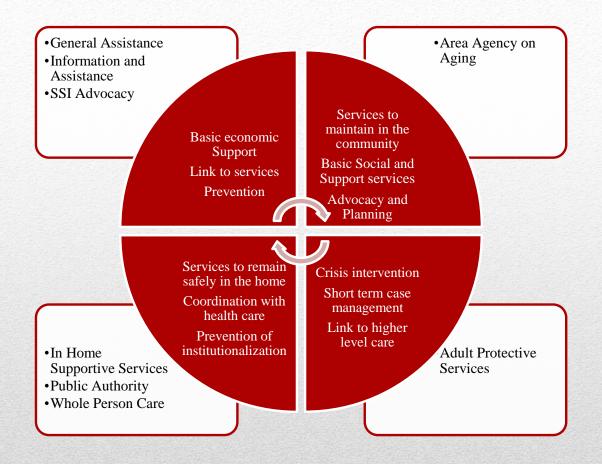
Seniors Living Alone Struggle with Gap Between Income & Basic Expenses

Median Social Security Payment 2011: \$12,523

Maximum Supplemental Security Payment 2011: \$9,965

Data Source: UCLA Center for Health Policy Research

### Federal Poverty Guildeline \$11,880



#### **Continuum of Care**

- No Wrong Door
- Reduced Duplication
- Coordination between Health Care, Long Term Care, Community based Services and Behavioral Health
- Reduced premature institutionalization
- Reduced hospitalization
- Improved health outcomes

#### **Coordination Goals**

#### **IHSS**

9,940 Clients
(Elderly, adults with disabilities, disabled children)
Payroll 9,210 Providers

#### AAA

12,000 I&A Calls
3,139 HICAP clients
331,250 Home Delivered Meals
175,000 Congregate Meals
Ombudsman, Minor home modification,

falls prevention, case management, etc

#### **APS**

4,484 abuse reports

### **Program highlights**



#### Critical Staffing Issues

- Shortage of direct service staff
- Recruitment challenges



#### Planning and Coordination

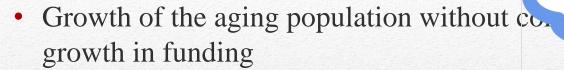
 Need to focus on new mandates and the development of innovative and effective projects



#### Achieving Program Mandates

- IHSS Assessment and Re-Assessment
- APS Multi Disciplinary Team and Tangible Services

#### Challenges



- 2008 Recession Impacts
  - Eliminating county overmatch
  - Withdrawal from community partnerships and erosion of mandated elder abuse reporting and investigation system
  - Recruitment and retention of staff

## **Contributing Factors**

- Area Agency on Aging (AAA) provides leadership in addressing issues that relate to older Californians, develops community based systems of care that provide services which support independence and which protect the quality of life of older adults and persons with disabilities. The AAA promotes citizen involvement in the planning and delivery of service. The program is responsible for the administration of Older Americans Act and Older Californians Act funding and does this through multiple community based contracts and direct service provision.
  - Adult Day Care
  - Case Management
  - Ombudsman
  - Family Caregiver Support
  - Home Delivered and congregate meals
  - Legal Services
  - Fall Prevention

## Area Agency on Aging

The IHSS Program will help pay for services provided to assist seniors and persons with disabilities to remain safely in their own home. IHSS is considered an alternative to out-of-home care, such as nursing homes or board and care facilities.

- ✓ Delayed intake assessments
- ✓ Ongoing reassessments —Quality Improvement Action Plan
- ✓ Workforce stability
- ✓ Professional development

#### **IHSS Critical Issues-**

Adult Protective Services (APS) is designed to investigate and mitigate abuse, neglect or exploitation of elder adults (65 years and older) and dependent adults (18-64 who are disabled)

APS also provides information and referral to other agencies and educates the public about reporting requirements and responsibilities under the Elder and Dependent Adult Abuse Reporting Laws.

- 34% increase in abuse reports over the past year.
- Increased awareness
- Complexity of cases

#### **APS Critical Issues**



### Integrated Call Center

- Contra Costa County Office of the Sheriff
- Family Justice Center
- Contra Costa Health Services Conservatorship/Guardianship Program
- Contra Costa Regional Medical Center Mental Health/Psychiatry
- Contra Costa Behavioral Health Services Older Adult Mental Health Services
- Ombudsman Services of Contra Costa
- Contra Costa Alliance to End Abuse
   (Zero tolerance for Domestic Violence Initiative)
- Office of the District Attorney Contra Costa County
- Meals on Wheels



#### **Rebuilding Partnerships**

Elder abuse forensic centers are a new model of multidisciplinary collaboration on elder abuse cases.

- APS, law enforcement and LTC Ombudsman and community based partners join forces for the purpose of:
  - Conducting evaluations,
  - Lessening the burden of multiple interviews for alleged abuse victims,
  - Establishing integrated care plans

## aloes Grant **Cal OES Grant Forensic Center**

- Direct Services include:
  - Immediate Health and Safety
  - Mental Health Assistance
  - \$9519 Assistance with Participation in Criminal Justice Proceedings
  - Forensic Examinations
  - Restorative Justice
  - Skills Training for Staff
  - Outreach

#### 2<sup>nd</sup> Cal OES Grant – Elder **Financial Abuse**

## New Services New Opportunities

- Develop data strategies to assure regulatory compliance
- Re-establish community partnerships and strengthen the network of services
- Prepare AAS for new mandates through staff and community training
- Improve customer service through program integration
- Maximize existing revenue streams to leverage innovative programs
- Explore strategies for creating an aging-friendly county.

#### **AAS Goals**



Community Based Programs



Aging and Adult Programs

## County Wide Planning for Age Friendly/ Intergenerational

- Communication and Information
- Community Support and Health Services
- Employment and Civic Participation
- Outdoor Spaces and Buildings
- Respect and Social Inclusion
- Social Participation
- Transportation
- Housing

## **Age Friendly Domains**

Age Friendly/Intergenerational Planning Homelessness and Housing Contra Costa County Area Plan

A picture paints a thousand words....



#### An invitation



## **Questions?**