

Contra Costa Health Services Health Care for the Homeless (HCH)



**PRESENTATION TO THE
FAMILY & HUMAN SERVICES COMMITTEE
CONTRA COSTA COUNTY BOARD OF
SUPERVISORS**

**JOSEPH MEGA, MD, MPH
MEDICAL DIRECTOR
HEALTH CARE FOR THE HOMELESS**

MONDAY, SEPTEMBER 24, 2018



2017-2018 HCH PROGRAM UPDATES



1. Health Center Quality Leader
2. Medical Outreach Expansion
3. Dental Mobile Van
4. Global Health Fellowship Physician on staff
5. Weekly Yoga & Mindfulness Groups in Shelters



CHOOSING CHANGE PROGRAM



Medication Assisted Treatment (MAT) for Opioid Addiction

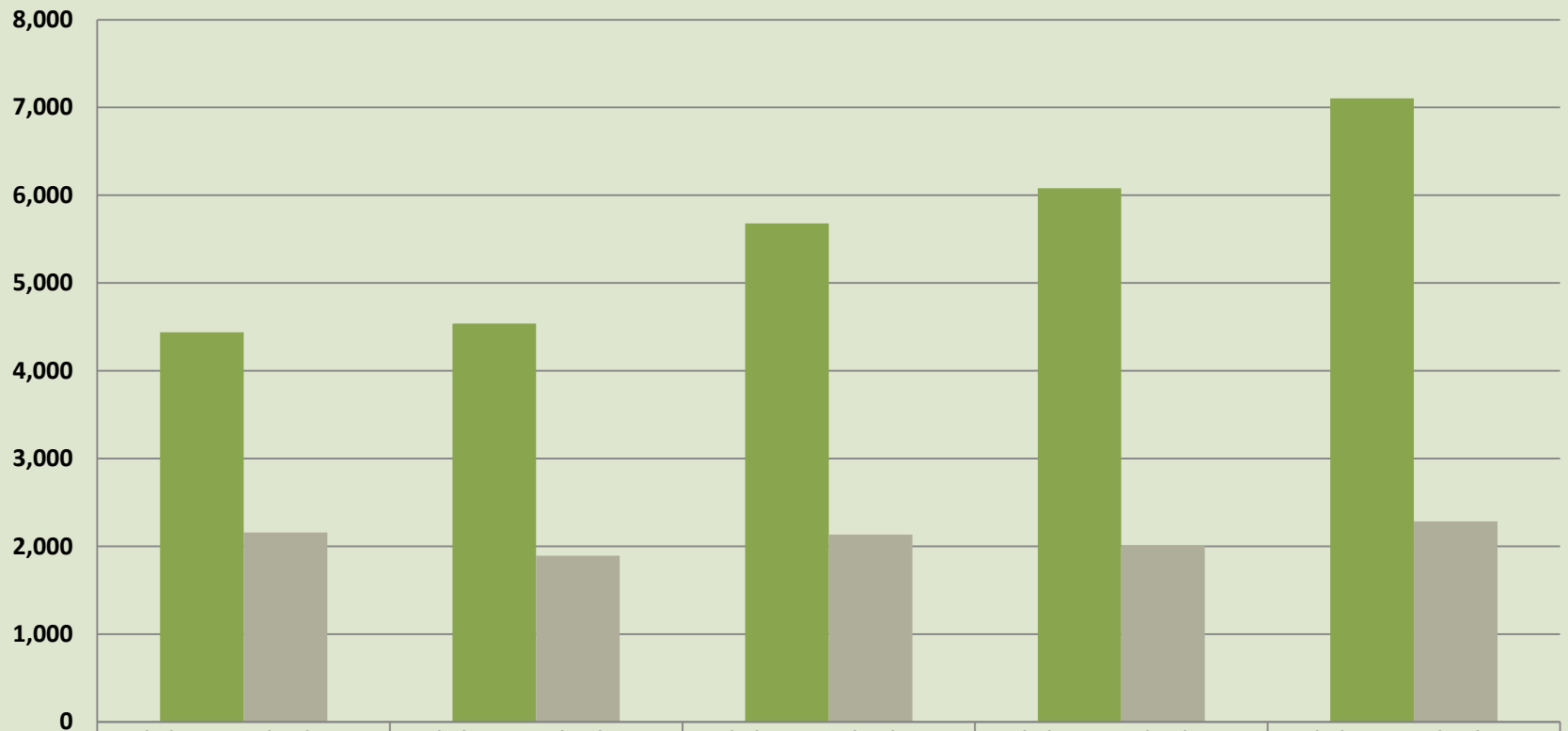
- FY 2017-2018, we had 539 patients enrolled in the program, 46% of them were homeless
- We currently have Choosing Change clinics in 5 CCHS Health Centers.
- HCH Street Outreach MAT



HCH PRODUCTIVITY



Total HCH Encounters and Clients



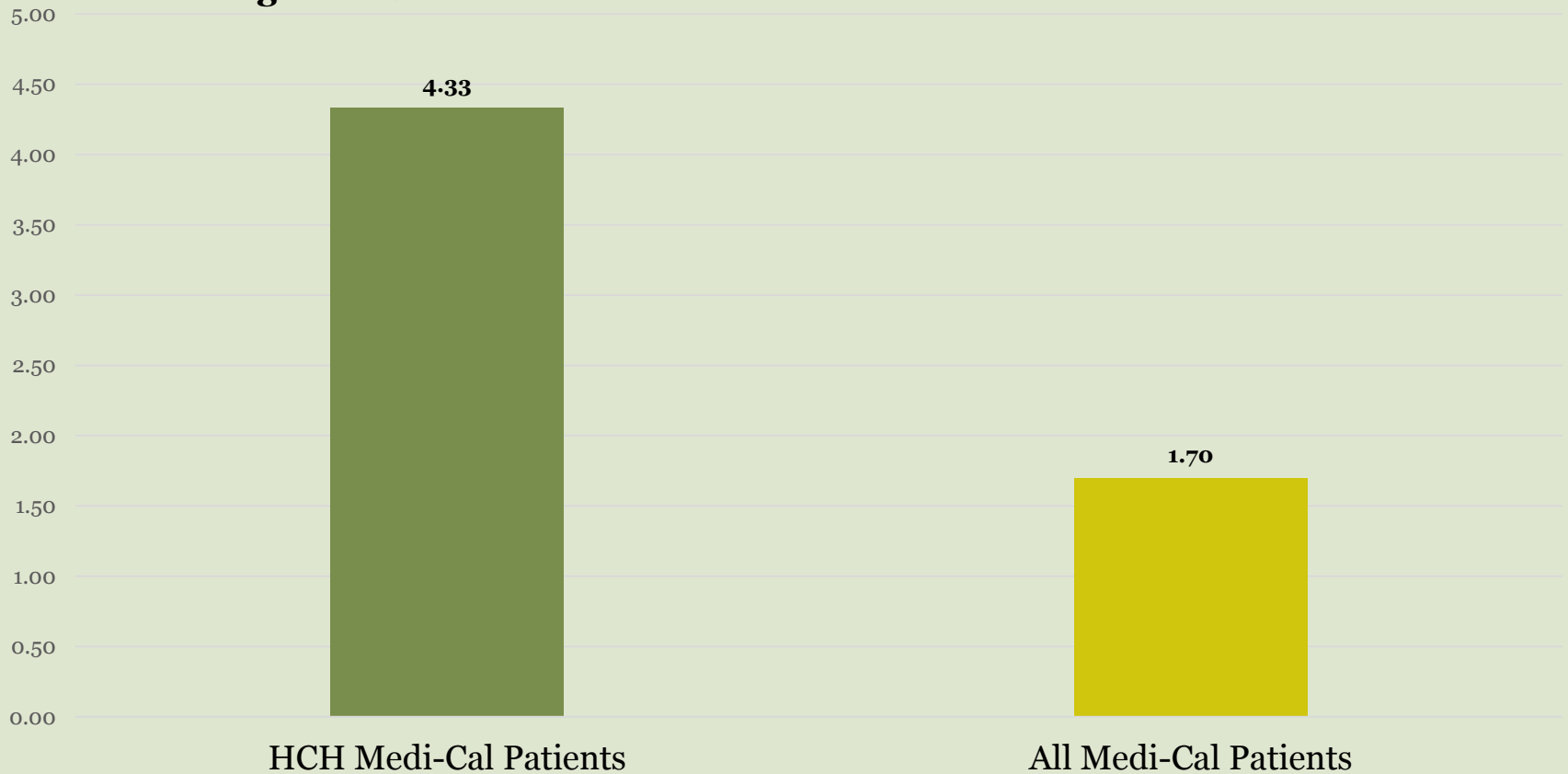
	7/1/2013 - 6/30/2014	7/1/2014 - 6/30/2015	7/1/2015 - 6/30/2016	7/1/2016 - 6/30/2017	7/1/2017 - 6/30/2018
■ Encounters	4,437	4,538	5,678	6,081	7,103
■ Clients	2,157	1,892	2,134	2,010	2,285

CHRONIC CONDITIONS



FY 2017/2018

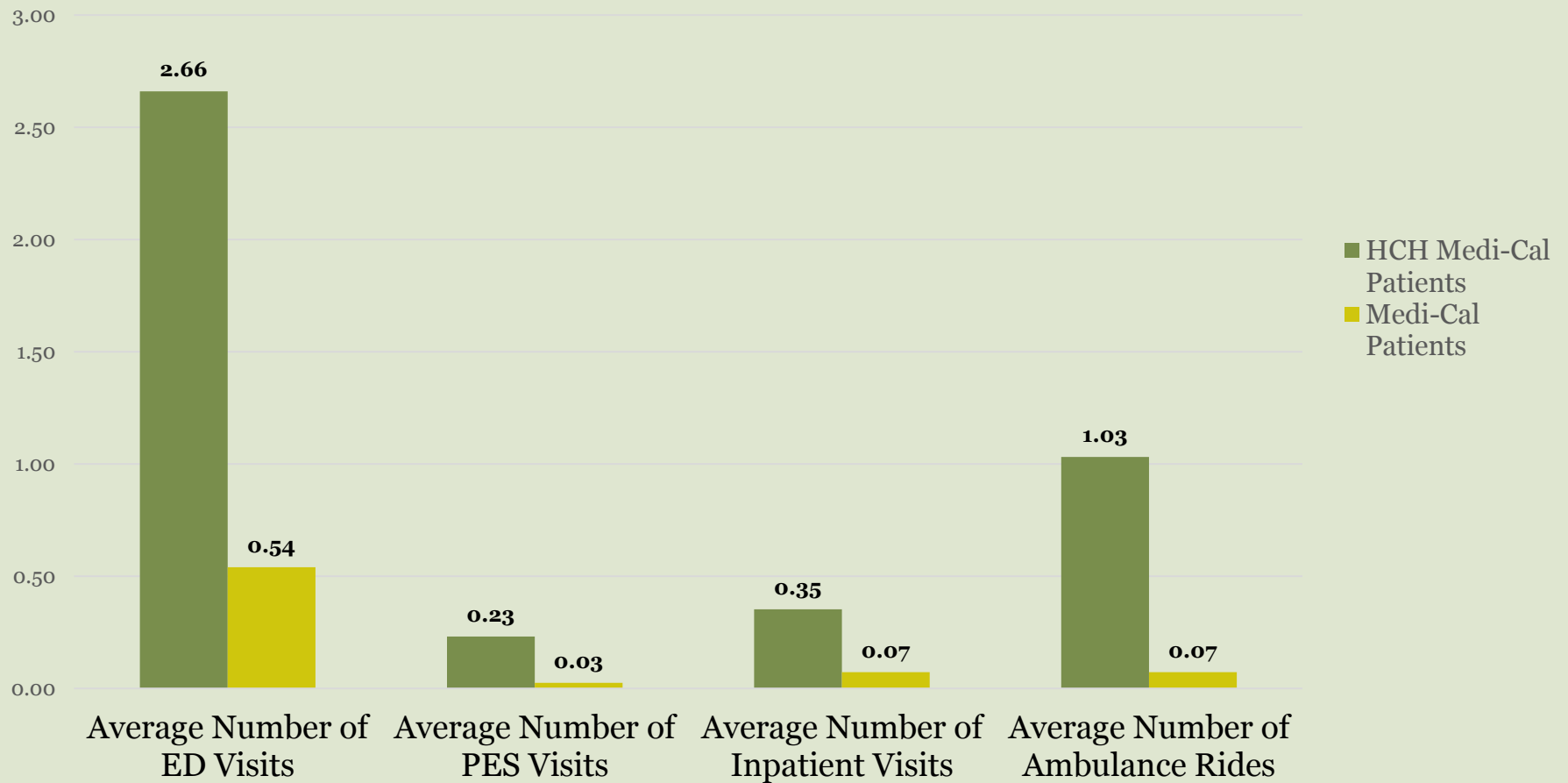
Average Number of Chronic Conditions- HCH vs CCC Medi-Cal Patients



AVERAGE NUMBER OF VISITS



FY 2017/2018
Average Number of Visits - HCH vs CCC Medi-Cal Patients



CRIMINAL JUSTICE INVOLVEMENT



Disproportionate involvement with
Criminal Justice system

36.11% of HCH Medi-Cal patients

5.8% of Medi-Cal patients

Case Study



OLDER, SICKER HOMELESS PATIENTS



HCH STAFF TESTIMONIALS



“In my 40 years of nursing, I have worked in many high intensity settings, such as intensive care, trauma, and oncology. Though the patients I served in these settings had a magnitude of needs, none compare to those of our homeless patients we serve at the respite center and shelters.

Their medical histories are complex; they present often with end stage disease, and are all dealing with issues such as trauma, loss, addiction, and mental illness. Their care demands intense dedication, support, and advocacy. My past experiences prepared me for high acuity care, but the challenges of this population are ever expanding and continue to encourage us to do more and think differently about what care means.”

- **Sue Dickerson, RN**

HCH Respite Nurse

Three-time honorable mention for Ruth Pease Award

CALL TO ACTION



1. County-run Board and Care
2. County-run Skilled Nursing Facilities