

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2018/483

RECOGNIZING SEPTEMBER 2018 AS SUICIDE PREVENTION AWARENESS MONTH IN CONTRA COSTA COUNTY

WHEREAS, the Contra Costa County Board of Supervisors recognizes September 2018 as Suicide Prevention Awareness Month, shedding light on those suffering with a mental illness or other behavioral health issues; and

WHEREAS, suicide is a human tragedy that transcends socioeconomic status, age, gender and ethnicity; and

WHEREAS, suicide is the tenth leading cause of all deaths in the United States and the second leading cause of death among individuals between the ages of 15 and 24 and takes the lives of over 40,000 Americans every year; and

WHEREAS, suicide has an everlasting impact on the survivors who are left to process the loss of their loved ones and who are at an increased risk of suicide themselves; and

WHEREAS, suicide prevention efforts should be developed and encouraged to the maximum extent possible; and

WHEREAS, suicide is preventable through increased knowledge about warning signs, timely intervention, and by limited access to lethal means for those at risk; and

WHEREAS, Contra Costa County calls to action the Health Services Department, Public Officials, Private Health Providers and Hospitals, Community-Based Organizations, Faith-Based Organizations, and individuals within our communities to educate and take action to address this devastating public health issue; and

WHEREAS, in September 2013, the Contra Costa County Board of Supervisors adopted a Suicide Prevention Strategic Plan providing a roadmap for communities to reduce suicide through education, increasing awareness of knowing the warning signs, and implementing training to equip people with tools needed to help others who consider suicide.

NOW, THEREFORE, BE IT RESOLVED that the Contra Costa County Board of Supervisors hereby recognizes September 2018 as Suicide Prevention Awareness Month and encourages citizens to join in this important observance.

KAREN MITCHOFF

Chair, District IV Supervisor

JOHN GIOIA

District I Supervisor

CANDACE ANDERSEN

District II Supervisor

DIANE BURGIS

District III Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an
action taken
and entered on the minutes of the Board of Supervisors on
the date
shown.

ATTESTED: September 11, 2018

David J. Twa,

By: _____, Deputy