

*The Board of Supervisors of  
Contra Costa County, California*

In the matter of:

**Resolution No. 2018/169**

In the Matter of Honoring Meals on Wheels Diablo Region on its 50<sup>th</sup> Anniversary

Whereas, Meals on Wheels Diablo Region has been serving the needs of Contra Costa seniors for 50 years; and

Whereas, starting in 1968 as a meal delivery service, the organization has evolved, adding programs to address the full range of seniors' most pressing life issues; and

Whereas, in 1971 the Friendly Visitors program was established to help fight senior isolation; and

Whereas, a year later, C.C. Cafes opened, providing lunches and companionship at six senior center locations; and

Whereas, the Home Care Registry was created in 1975 to provide respite care and training for low-income older adults and their caregivers; and

Whereas, in 1996 Meals on Wheels Diablo Region created a Care Management team to address the special issues of low-income seniors; and

Whereas, this vital safety net focused on mental health, nutrition, mobility, housing, and companionship- areas often overlooked by society; and

Whereas, in 2008 they launched the Fall Prevention Program as a county-wide coalition to address this frequently fatal epidemic; and

Whereas, to create a holistic approach, they adopted a Coordinated Care model in 2014; and

Whereas, they have also added Elder Abuse Prevention outreach and training services; and

Whereas, over the course of 50 years, Meals on Wheels Diablo Region has expanded and created a new model to effectively meet the changing needs of the population; and

Whereas, they recently rebranded and changed their name to Meals on Wheels Diablo Region which closely aligns them with the national senior advocacy movement and their broader focus in the county; and

Whereas, uncertain government priorities, the aging population, and the changing healthcare landscape require Meals on Wheels Diablo Region to remain strong, innovative, and collaborative; and

Whereas, in Contra Costa County 81,080 are isolated and living alone, 37,211 are threatened by hunger, and 29,037 are living in or near poverty; and

Whereas, Meals on Wheels Diablo Region delivers the support that keeps seniors in their own homes, out of hospitals and nursing homes, saving millions in Medicare and Medicaid costs while also offering better care for seniors in our community; and

Whereas, Meals on Wheels Diablo Region decreases the rate of falls among seniors, which cost our county \$100 million each year; and

Whereas, they can provide meals for 1 year for a senior for about the same cost as 1 day in a hospital; and

Whereas, investing in the preventive care that Meals on Wheels Diablo Region provides is a win-win for our seniors, our families, and our community; and

Whereas, in partnership with public and private agencies in Contra Costa, provide solutions that keep the best interests of our senior population at heart.

Now, Therefore, Be It Resolved that the Board of Supervisors of Contra Costa County do hereby congratulate Meals on Wheels Diablo Region on its 50 years of empowering seniors through a holistic, comprehensive approach and commend them on their vital services to seniors in our community.

**KAREN MITCHOFF**  
Chair, District IV Supervisor

**JOHN GIOIA**  
District I Supervisor

**CANDACE ANDERSEN**  
District II Supervisor

**DIANE BURGIS**  
District III Supervisor

**FEDERAL D. GLOVER**  
District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: May 1, 2018

David J. Twa,

By: \_\_\_\_\_, Deputy