The Board of Supervisors of Contra Costa County, California

In the matter of:

Resolution No. 2018/164

Recognizing the Intergenerational Network of All-Age Friendly Cities and Communities

WHEREAS, the global population of people aged 60 and over is expected to grow from 600 million in 2000 to almost 2 billion by 2050; and

WHEREAS, people over 65 years of age will outnumber children by the year 2035; and WHEREAS, this projected growth has accelerated with the increasing number of boomers moving into their senior years; and

WHEREAS, this shift deepens challenges for fiscal policy and economic growth decisions; and

WHEREAS, in California, the population of people aged 60 and over is expected to grow from 16.4% in 2012, to 18.3% in 2020 to 22% in 2030, leading the nation in number of residents over age 60; and

WHEREAS, in Contra Costa County, the population of people aged over 60 currently is 20.4%, and if following growth projections of California, will be at 25% in 2030; and WHEREAS, research shows that older Californians overwhelmingly want to remain in their homes and communities as they age; and

WHEREAS, access to quality health care and long-term services and supports is essential for individuals to live in their homes and communities; and

WHEREAS, 21% of adults age 65 and older do not drive, and more than half of these non-drivers do not leave home on a given day, in part because they lack accessible transportation; and

WHEREAS, reduced mobility for older non-drivers leads to 15% fewer trips to the doctor, 59% fewer shopping trips and visits to restaurants, and 65% fewer trips for social, family and religious activities; and

WHEREAS, the World Health Organization (WHO) has developed a Global Network of Age-Friendly Cities and Communities to encourage and promote public policies to increase the number of cities and communities that support healthy aging and thereby improve the health, well-being, satisfaction, and quality of life for older Americans; and

WHEREAS, deliberate and meaningful intergenerational programs can help communities truly become age-friendly and thereby improve the wellbeing of all; and WHEREAS, it has been proven that healthy aging also is created when that population cohabitates with children of all ages; and

WHEREAS, making cities and communities all age friendly is one of the most effective policy approaches for responding to demographic aging; and

WHEREAS, the WHO has developed eight domains of community life that influence the health and quality of life of older people;

Now, Therefore, Be It Resolved: that the Board of Supervisors does hereby support initiatives and opportunities to engage in the WHO Age-Friendly and the Intergenerational Network of All-Age Friendly Cities and Communities efforts. Be It Further Resolved: that the Board of Supervisors supports collaborative efforts to promote and expand all-age friendly communities in Contra Costa County, working with Aging and Adult Services of Contra Costa County, Advisory Council on Aging, Contra Costa Public Health, Choice in Aging, Ombudsman Services of Contra Costa, and Meals on Wheels Diablo Region, in their efforts to promote intergenerational and all-age friendly communities.

KAREN MITCHOFF Chair, District IV Supervisor

JOHN GIOIA

District I Supervisor

DIANE BURGIS

District III Supervisor

CANDACE ANDERSEN

District II Supervisor

FEDERAL D. GLOVER District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: May 1, 2018

David J. Twa,

By: _____, Deputy