

Application Form

Profile

Which Boards would you like to apply for?

First 5 - Contra Costa Children and Families Commission: Submitted

This application is used for all boards and commissions

Rocio

First Name

E

Middle Initial

Hernandez

Last Name

Email Address

Home Address

San Pablo

City

Suite or Apt

CA

State

94806

Postal Code

Primary Phone

Self-employed Rocio Hernandez,
MFT and Got This, Inc.

Employer

Owner/President

Job Title

Psychotherapist and
Consultant

Occupation

Do you, or a business in which you have a financial interest, have a contract with Contra Costa Co.?

☐ Yes ☒ No

Is a member of your family (or step-family) employed by Contra Costa Co.?

☐ Yes ☒ No

Education History

Select the highest level of education you have received:

☒ Other

PhD

If "Other" was Selected Give Highest Grade or
Educational Level Achieved

College/ University A

UC Berkeley

Name of College Attended

Psychology and Women's Studies

Course of Study / Major

130ish

Units Completed

Type of Units Completed

☒ Semester

Degree Awarded?

☒ Yes ☐ No

BA and BA double major

Degree Type

12/1994

Date Degree Awarded

College/ University B

Dominican University

Name of College Attended

Counseling Psychology

Course of Study / Major

60

Units Completed

Type of Units Completed

Degree Awarded?

☒ Yes ☐ No

MS

Degree Type

5/95

Date Degree Awarded

College/ University C

UC Davis

Name of College Attended

Leadership with an emphasis on
education and technology

Course of Study / Major

144ish

Units Completed

Type of Units Completed

☒ Quarter

Degree Awarded?

☒ Yes ☐ No

PhD

Degree Type

6/15

Date Degree Awarded

Other schools / training completed:

Eye Movement Desensitization
Reprocessing

Course Studied

80ish

Hours Completed

Certificate Awarded?

☒ Yes ☐ No

Work History

Please provide information on your last three positions, including your current one if you are working.

1st (Most Recent)

12/2001 to present

Dates (Month, Day, Year) From - To

5-20

Hours per Week Worked?

Volunteer Work?

☐ Yes ☒ No

Owner/President

Position Title

Employer's Name and Address

Rocio Hernandez, MFT (sole proprietor), and Got This, Inc. 127 Bolduc Ct. San Pablo, CA 94806

Duties Performed

Business and Organizational Diversity and Inclusion Consulting and psychotherapy for children, youth, adults, couples, and families for Rocio Hernandez, MFT Developing an app for Got This, Inc. that lowers anxiety in one minute of exposure before an anticipatory stressor like test taking anxiety or first response.

2nd

9/95 to 9/2017

Dates (Month, Day, Year) From - To

40

Hours per Week Worked?

Volunteer Work?

☐ Yes ☒ No

Senior Dept. Analyst-Bilingual

Position Title

Employer's Name and Address

Marin County Department of Health and Human Services 3240 Kerner Blvd. San Rafael, CA 94901

Duties Performed

Health policy related to vulnerable communities; Binational Health Week Director; CONNECT TV show and webcast talent and producer; Viva Marin producer,; Media team/Public Information Officer (bilingual); Affordable Care Act Administrator; Equity Summit Director; Community Engagement Strategist; Equity staff to Board of Supervisors and County Administrator's Office.

3rd

6/2003 to present

Dates (Month, Day, Year) From - To

2

Hours per Week Worked?

Volunteer Work?

☐ Yes ☒ No

Board Member

Position Title

Employer's Name and Address

KPNC Kaiser Foundation Research Institute--Institutional Review Board 1800 Harrison St. Oakland, CA 94611

Duties Performed

Review all research performed for Kaiser for health services board, biomedical board, and inter-regional board. I also served as First 5 Marin Commissioner for 9 years and am Lead Faculty and Consultant for Gerry Grossman Seminars (GGS) in Los Angeles for child abuse assessment, domestic violence, diagnosis/DSM 5, law and ethics, childhood obesity, internet crimes against children, adverse childhood experiences, clinical supervision, attachment, and more. Currently consulting for GGS on international strategic business growth.

Final Questions

How did you learn about this vacancy?

☒ District Supervisor

If "Other" was selected please explain

. Do you have a Familial or Financial Relationship with a member of the Board of Supervisors?

☐ Yes ☒ No

If Yes, please identify the nature of the relationship:

Do you have any financial relationships with the County such as grants, contracts, or other economic relations?

☐ Yes ☒ No

If Yes, please identify the nature of the relationship:
