

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2017/366

Recognizing the Month of October as Sudden Cardiac Arrest Awareness Month.

Whereas, approximately 400,000 out-of-hospital cardiac arrests occur each year in the United States; and
Whereas, the national survival rate of those treated by emergency medical services from cardiac arrest is 10.6%; and

Whereas, of those bystander witnessed cases in which individuals had a heart rhythm that could be treated effectively with a defibrillator 31.4% survived; and

Whereas, sudden cardiac arrest can happen to any person regardless of age, education, race or socio-economic background; and

Whereas, individuals and families can take simple steps to avoid the tragedy of unnecessary loss of life; and

Whereas, awareness of the symptoms of sudden cardiac arrest – A victim has collapsed and cannot be awakened; and

Whereas, knowing what actions to take – Call 9-1-1 and Push Hard and Fast in the middle of the chest – Hands Only CPR (cardiopulmonary resuscitation); and

Whereas, applying an AED (automated external defibrillator) if one is available; and

Whereas, taking these actions can double the chances of survival; and

Whereas, Contra Costa County communities are working to make their community a HeartSafe Community;

NOW, THEREFORE, BE IT RESOLVED: that the month of October 2017 is designated as Sudden Cardiac Arrest Awareness Month, recognizing that increasing awareness will save lives. As the number of citizens who know the signs of cardiac arrest, who know to call 9-1-1 and who do CPR and apply an AED increases, so will survival. The Board encourages communities to observe this month with appropriate programs, ceremonies, and activities.

FEDERAL D. GLOVER
Chair, District V Supervisor

JOHN GIOIA
District I Supervisor

CANDACE ANDERSEN
District II Supervisor

DIANE BURGIS
District III Supervisor

KAREN MITCHOFF
District IV Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: October 17, 2017

David J. Twa,

By: _____, Deputy