

*The Board of Supervisors of  
Contra Costa County, California*

In the matter of:

**Resolution No. 2017/312**

recognizing September 22 - 28, 2017 as Falls Prevention Awareness Week.

**WHEREAS**, nearly 165,000 people, or 14.6% percent of Contra Costa County's 1,126,745 population are age 65 or older; and

**WHEREAS**, each year nationally, one in every three adults age 65 and older falls; and falls are the leading cause of injury death among seniors; and every 35 minutes, an older adult dies from a fall; and

**WHEREAS**, falls are the most common cause of nonfatal injuries and hospital admissions for trauma, causing injuries such as hip fractures and head traumas; and fall-related injury is one of the 20 most expensive medical conditions; and

**WHEREAS**, according to a 2010, report, almost half (49.3%) of Contra Costa County's unintentional injury hospitalizations occurred among residents 65 years and older; and over three-quarters (75.9%) of these hospitalizations were due to falls; and

**WHEREAS**, county residents 65 years and older had the highest unintentional injury hospitalizations due to falls, followed by motor vehicle traffic accidents (13.5%) and poisonings (7.5%); and

**WHEREAS**, falling and the fear of falling, can lead to depression, isolation, diminished mobility, and loss of functional independence; and

**WHEREAS**, concentrated efforts are being made in Contra Costa County by the Fall Prevention Coalition to reduce falls and fall related injuries using multi-faceted interventions; and

**WHEREAS**, Senate Concurrent Resolution SCR 77 of May 28, 2008 declares the first week of fall each year as Falls Prevention Awareness Week in California, and the Federal Safety of Seniors Act of 2007 calls for the expansion of public health programs, educational outreach, and research activities related to fall prevention.

Now, Therefore, Be It Resolved that the Board of Supervisors of Contra Costa County does hereby proclaim the week of September 22 to September 28, 2017, as "FALLS PREVENTION AWARENESS WEEK" in Contra Costa County and calls upon our citizens and interested groups to observe the week with appropriate activities that promote awareness of fall prevention.

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**FEDERAL D. GLOVER**  
Chair, District V Supervisor

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**JOHN GIOIA**  
District I Supervisor

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**CANDACE ANDERSEN**  
District II Supervisor

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**DIANE BURGIS**  
District III Supervisor

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**KAREN MITCHOFF**  
District IV Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: September 26, 2017

David J. Twa,

By: \_\_\_\_\_, Deputy