The Board of Supervisors of Contra Costa County, California

In the matter of:

Resolution No. 2017/308

Proclaiming the Month of September, 2017 as National Recovery Month in Contra Costa County

WHEREAS, behavioral health is an essential part of health and one's overall wellness; and WHEREAS, prevention of alcohol and other drugs works, treatment is effective, and people recover in our area and around the nation; and

WHEREAS, preventing and overcoming alcohol and other drug abuse is essential to achieving healthy lifestyles, both physically and emotionally; and

WHEREAS, we must encourage relatives and friends of people with alcohol and other drug abuse to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and

WHEREAS, to help more people achieve and sustain long-term recovery, the U.S. Department of Health and Human Services (HHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), the White House Office of National Drug Control Policy (ONDCP), and Contra Costa County invite all residents of Contra Costa Countyto participate in *National Recovery Month*.

NOW, THEREFORE, BE IT RESOLVED, by virtue of the authority vested in us by the laws of Contra Costa County, we do hereby proclaim the month of September 2017 as *NATIONAL RECOVERY MONTH in Contra Costa County* and call upon the residents of Contra Costa County to observe this month with appropriate programs, activities, and ceremonies to support this year's *Recovery Month* theme, "*Join the Voices for Recovery: Strengthen Families and Communities.*"

FEDERAL D. GLOVER Chair, District V Supervisor

JOHN GIOIA District I Supervisor CANDACE ANDERSEN

District II Supervisor

DIANE BURGIS District III Supervisor KAREN MITCHOFF

District IV Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: September 19, 2017

David J. Twa,

By: _____, Deputy