## The Board of Supervisors of Contra Costa County, California

In the matter of: Resolution No. 2017/153

Proclaiming the Month of May 2017 as Mental Health Awareness Month in Contra Costa County

WHEREAS, it is increasingly important to emphasize that mental health is essential for the wellbeing and vitality of our families, businesses and communities: and

WHEREAS, recovery is possible through appropriate medical, social and culturally responsive support and services; and

WHEREAS, individuals and families living with mental health concerns share with all community members a right to fair and equitable practices and community processes in the pursuit of education, housing and employment; and

WHEREAS, all stakeholders and community members can participate in efforts to effectively address and support the delivery of culturally responsive services and supports, thereby reducing recovery times, hospitalizations, and relapses; and

**WHEREAS**, there is a commitment and a need to increase awareness at all levels and educate the public, replace misinformation and eliminate stigma about mental illness and promote understanding that people with mental illness can lead productive lives; and

**WHEREAS**, the community holds the responsibility to ensure that mental health services are available to all residents.

NOW, THEREFORE, BE IT RESOLVED THAT THE BOARD OF SUPERVISORS OF CONTRA COSTA COUNTY proclaims the month of May 2017 as "Mental Health Awareness Month" in Contra Costa County and encourages all residents to promote the restoration of mental wellness in the community.

## FEDERAL D. GLOVER Chair, District V Supervisor JOHN GIOIA District I Supervisor DIANE BURGIS District III Supervisor KAREN MITCHOFF District IV Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: May 2, 2017

David J. Twa,

By: , Deputy