



# Agenda

## FAMILY & HUMAN SERVICES COMMITTEE

September 12, 2016

1:00 P.M.

651 Pine Street, Room 101, Martinez

Supervisor Candace Andersen, Chair  
Supervisor Federal D. Glover, Vice Chair

### Agenda Items:

Items may be taken out of order based on the business of the day and preference of the Committee

1. Introductions
2. Public comment on any item under the jurisdiction of the Committee and not on this agenda (speakers may be limited to three minutes).
3. CONSIDER recommending to the Board of Supervisors the appointments of Beth Mora and Lanita Mims to at-large seats on the Contra Costa Commission for Women.
4. CONSIDER accepting the report from the Health Services Department on the implementation of Laura's Law (Assisted Outpatient Treatment program), and forward it to the Board of Supervisors for approval. (Warren Hayes, MHSA Program Manager)
5. CONSIDER accepting the report from the Health Services Department on the Built Environment Program and Health in All Policies, and forward it to the Board of Supervisors for their information. (Daniel Peddycord and Tracey Rattray, Health Services Department)
6. CONSIDER accepting the report from the Employment and Human Services Department on foster care Continuum of Care Reform, and forward it to the Board of Supervisors for their information. (Kathy Gallagher, Employment and Human Services Director)
7. The next meeting is currently scheduled for October 10, 2016.
8. Adjourn

---

*The Family & Human Services Committee will provide reasonable accommodations for persons with disabilities planning to attend Family & Human Services Committee meetings. Contact the staff person listed below at least 72 hours before the meeting.*

---

*Any disclosable public records related to an open session item on a regular meeting agenda and distributed by the County to a majority of members of the Family & Human Services Committee*

*less than 96 hours prior to that meeting are available for public inspection at 651 Pine Street, 10th floor, during normal business hours.*

---

*Public comment may be submitted via electronic mail on agenda items at least one full work day prior to the published meeting time.*

---

For Additional Information Contact:

Enid Mendoza, Committee Staff  
Phone (925) 335-1039, Fax (925) 646-1353  
[enid.mendoza@cao.cccounty.us](mailto:enid.mendoza@cao.cccounty.us)



# Contra Costa County Board of Supervisors

## Subcommittee Report

### FAMILY AND HUMAN SERVICES COMMITTEE

3.

**Meeting Date:** 09/12/2016  
**Subject:** Reappointments to the Contra Costa Commission for Women  
**Submitted For:** FAMILY & HUMAN SERVICES COMMITTEE,  
**Department:** County Administrator  
**Referral No.:** N/A  
**Referral Name:** Appointment to Advisory Bodies  
**Presenter:** Enid Mendoza      **Contact:** Enid Mendoza, (925) 335-1039

---

#### **Referral History:**

On December 6, 2011 the Board of Supervisors adopted Resolution No. 2011/497 adopting policy governing appointments to boards, committees, and commissions that are advisory to the Board of Supervisors. Included in this resolution was the requirement that applications for at large/countywide seats be reviewed by a Board of Supervisors sub-committee.

#### **Referral Update:**

The Contra Costa Commission for Women has submitted the attached requests for appointments to seats on the Commission. The Commission reviewed the applications and interviewed the candidates and recommends the appointments.

#### **Recommendation(s)/Next Step(s):**

RECOMMEND to the Board of Supervisors the following appointments to the Contra Costa Commission for Women:

Beth Mora, resident of Danville, to the At-Large Seat 11 with a term expiring February 28, 2018,  
and  
Lanita Mims, resident of Oakley, to the At-Large Seat 10 with a term expiring February 28, 2018.

#### **Fiscal Impact (if any):**

No fiscal impact.

---

#### **Attachments**

Beth Mora Application  
Lanita Mims Application

---



Contra  
Costa  
County

For Office Use Only  
Date Received:

For Reviewers Use Only:  
Accepted Rejected

## BOARDS, COMMITTEES, AND COMMISSIONS APPLICATION

**MAIL OR DELIVER TO:**

Contra Costa County  
CLERK OF THE BOARD  
651 Pine Street, Rm. 106  
Martinez, California 94553-1292

**PLEASE TYPE OR PRINT IN INK**

(Each Position Requires a Separate Application)

**BOARD, COMMITTEE OR COMMISSION NAME AND SEAT TITLE YOU ARE APPLYING FOR:**

Commission For Women

At Large

PRINT EXACT NAME OF BOARD, COMMITTEE, OR COMMISSION

PRINT EXACT SEAT NAME (if applicable)

1. **Name:** Mora Beth Wolf  
(Last Name) (First Name) (Middle Name)

2. **Address:** Danville California 94506  
(No.) (Street) (Apt.) (City) (State) (Zip Code)

3. **Phones:** n/a  
(Home No.) (Work No.) (Cell No.)

4. **Email Address:**

**5. EDUCATION:** Check appropriate box if you possess one of the following:

High School Diploma ☒ G.E.D. Certificate ☐ California High School Proficiency Certificate ☐

Give Highest Grade or Educational Level Achieved Juris Doctor (J.D.)

Names of colleges / universities attended	Course of Study / Major	Degree Awarded	Units Completed		Degree Type	Date Degree Awarded
			Semester	Quarter		
A) Sonoma State University	Liberal Studies, Hutchins	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>			B.A.	5/30/1997
B) Golden Gate University, School of Law	Law	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>			J.D.	5/20/2000
C)		Yes No <input type="checkbox"/> <input type="checkbox"/>				
D) Other schools / training completed:	Course Studied	Hours Completed	Certificate Awarded: Yes No <input type="checkbox"/> <input type="checkbox"/>			

THIS FORM IS A PUBLIC DOCUMENT



6. PLEASE FILL OUT THE FOLLOWING SECTION COMPLETELY. List experience that relates to the qualifications needed to serve on the local appointive body. Begin with your most recent experience. A resume or other supporting documentation may be attached but it may not be used as a substitute for completing this section.

<p>A) Dates (Month, Day, Year)  <u>From</u>      <u>To</u>  <div>2/12/2001</div> <div>8/16/2016</div> <p>Total: <u>Yrs.</u>      <u>Mos.</u>  <div>15</div> <div>6</div> <p>Hrs. per week <div>60</div> . Volunteer <input type="checkbox"/></p> </p></p>	<p>Title  <div>Attorney &amp; Business Owner</div> <p>Employer's Name and Address  Mora Employment Law  18 Crow Canyon Court, Suite 145  San Ramon, CA 94583  Tele: 925-820-8949  bmora@moraclaw.com </p> </p>	<p>Duties Performed  Hired on February 12, 2001. I became managing partner/owner on July 18, 2003. From inception practiced plaintiff employment law, including but not limited to, gender/race discrimination, sexual harassment, pregnancy discrimination, disability accommodation, wrongful termination, sexual assault/battery, wage claims, as well as other claim. </p>
<p>B) Dates (Month, Day, Year)  <u>From</u>      <u>To</u>  <div>2011</div> <div>2015</div> <p>Total: <u>Yrs.</u>      <u>Mos.</u>  <div>4</div> <div></div> <p>Hrs. per week <div>10</div> . Volunteer <input checked="" type="checkbox"/></p> </p></p>	<p>Title  <div>President, MCLE Cord. (2012-2015)</div> <p>Employer's Name and Address  Contra Costa County Bar Association  Employment Law Section  One Concord Center  2300 Clayton Road  Suite 520  Concord, CA 94520 </p> </p>	<p>Duties Performed  Held several positions on the CCCBA Employment Law Section Board including President and MCLE coordinator (legal continuing education). I planned/lead/organized approximately 6 to 12 events a year as to labor/employment law matters. Recruited members, engaged in advertising, fundraising, outreach, and managed a budget. </p>
<p>C) Dates (Month, Day, Year)  <u>From</u>      <u>To</u>  <div>2013</div> <div>2016</div> <p>Total: <u>Yrs.</u>      <u>Mos.</u>  <div>3</div> <div></div> <p>Hrs. per week <div>2</div> . Volunteer <input checked="" type="checkbox"/></p> </p></p>	<p>Title  <div>Board Member at Large &amp; Member</div> <p>Employer's Name and Address  Contra Costa County Bar Association  Women's Law Section  One Concord Center  2300 Clayton Road  Suite 520  Concord, CA 94520 </p> </p>	<p>Duties Performed  As a Women's Section member (2013-2015) volunteer work included advertising, outreach, seeking donations, as well as I was in charge of and created a section wide referral/contact list for all women section members. Ultimately created the same for the employment section. During the referral project volunteer hours increased to at least 10 a week. </p>
<p>D) Dates (Month, Day, Year)  <u>From</u>      <u>To</u>  <div>2013</div> <div>2016</div> <p>Total: <u>Yrs.</u>      <u>Mos.</u>  <div>2</div> <div>10</div> <p>Hrs. per week <div>4</div> . Volunteer <input checked="" type="checkbox"/></p> </p></p>	<p>Title  <div>Girl Scouts, Troop Co-Leader</div> <p>Employer's Name and Address  Girl Scouts  Troop 30716  Sycamore Valley Elementary School  Danville, CA 94506 </p> </p>	<p>Duties Performed  As a Girl Scouts Troop Co-Leader for nearly three (3) years I organized educational events for girls with a focus towards non-profits/donations and helping others, lead troop meetings as well as maintained the Troop yearly calendar. Further, I assisted my Co-Leaders on all other matters. </p>

7. How did you learn about this vacancy?

☒ CCC Homepage ☐ Walk-In ☐ Newspaper Advertisement ☐ District Supervisor ☒ Other Phyllis Gordon

8. Do you have a Familial or Financial Relationship with a member of the Board of Supervisors? (Please see Board Resolution no. 2011/55, attached): No ☒ Yes ☐

If Yes, please identify the nature of the relationship:

9. Do you have any financial relationships with the County such as grants, contracts, or other economic relations?

No ☒ Yes ☐

If Yes, please identify the nature of the relationship:

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and understand that all information in this application is publically accessible. I understand and agree that misstatements / omissions of material fact may cause forfeiture of my rights to serve on a Board, Committee, or Commission in Contra Costa County.

Sign Name: \_\_\_\_\_

Date: \_\_\_\_\_

*August 16, 2016*

### Important Information

1. This application is a public document and is subject to the California Public Records Act (CA Gov. Code §6250-6270).
2. Send the completed paper application to the Office of the Clerk of the Board at: **651 Pine Street, Room 106, Martinez, CA 94553.**
3. A résumé or other relevant information may be submitted with this application.
4. All members are required to take the following training: 1) The Brown Act, 2) The Better Government Ordinance, and 3) Ethics Training.
5. Members of boards, commissions, and committees may be required to: 1) file a Statement of Economic Interest Form also known as a Form 700, and 2) complete the State Ethics Training Course as required by AB 1234.
6. Advisory body meetings may be held in various locations and some locations may not be accessible by public transportation.
7. Meeting dates and times are subject to change and may occur up to two days per month.
8. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.

THIS FORM IS A PUBLIC DOCUMENT

**THE BOARD OF SUPERVISORS OF CONTRA COSTA COUNTY, CALIFORNIA and for  
Special Districts, Agencies and Authorities Governed by the Board Adopted Resolution  
no. 2011/55 on 2/08/2011 as follows:**

IN THE MATTER OF ADOPTING A POLICY MAKING FAMILY MEMBERS OF THE BOARD OF SUPERVISORS INELIGIBLE FOR APPOINTMENT TO BOARDS, COMMITTEES OR COMMISSIONS FOR WHICH THE BOARD OF SUPERVISORS IS THE APPOINTING AUTHORITY

WHEREAS the Board of Supervisors wishes to avoid the reality or appearance of improper influence or favoritism;  
NOW, THEREFORE, BE IT RESOLVED THAT the following policy is hereby adopted:

I. SCOPE: This policy applies to appointments to any seats on boards, committees or commissions for which the Contra Costa County Board of Supervisors is the appointing authority.

II. POLICY: A person will not be eligible for appointment if he/she is related to a Board of Supervisors' Member in any of the following relationships:

1. Mother, father, son, and daughter;
2. Brother, sister, grandmother, grandfather, grandson, and granddaughter;
3. Great-grandfather, great-grandmother, aunt, uncle, nephew, niece, great-grandson, and great-granddaughter;
4. First cousin;
5. Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
6. Sister-in-law (brother's spouse or spouse's sister), brother-in-law (sister's spouse or spouse's brother), spouse's grandmother, spouse's grandfather, spouse's granddaughter, and spouse's grandson;
7. Registered domestic partner, pursuant to California Family Code section 297.
8. The relatives, as defined in 5 and 6 above, for a registered domestic partner.
9. Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.



# MORA EMPLOYMENT LAW

18 Crow Canyon Court, Suite 145  
San Ramon CA 94583  
T 925 820 8949 F 925 820 0278  
[www.moraemploymentlaw.com](http://www.moraemploymentlaw.com)

Attorney Beth W. Mora owner of MORA EMPLOYMENT LAW, a law firm dedicated to representing victimized employees. She is a zealous and skilled advocate for those facing a range of employment law issues. In every case she handles, Ms. Mora is committed to aggressively pursuing her clients' best interests while treating each person she serves with integrity and compassion.



## **Court and Bar Admissions**

- State of California, 2000
- U.S. District Court, Northern District of California, 2001
- U.S. District Court, Eastern District of California, 2001
- Court of Appeal in the State of California, 2008

## **Honors**

- Top 50: 2016 Women Northern California Super Lawyer
- Martindale-Hubbell "AV" Rated
- AVVO Rated, Superb "10"
- Super Lawyer, Northern California, Plaintiff Employment Law - 2015, 2016
- Super Lawyer, Northern California, Plaintiff Employment Law, Rising Star - 2011, 2012, 2013 & 2014
- Super Lawyer, Top Women Attorneys in No. CA, San Francisco Magazine Power Issue, Plaintiff Employment Law, Rising Star - December 2012 and December 2013
- Best of San Ramon, Labor & Employment Law Attorneys, US Local Business Assoc. - 2008

## **Professional Associations**

- State Bar of California, Labor and Employment Law Section, 2001 to present
- California Employment Lawyers Association ("CELA"), 2002 to present
- National Employment Lawyers Association ("NELA"), 2001 to present
- California Women Lawyers (CWL), 2016 to present
- Contra Costa County Bar Association, Employment Law Section: Board Member (2011 - 2012, 2015); President (2013), MCLE Coordinator (2014), and Section Member (2016)
- Contra Costa County Bar Association, Women's Section: Board Member at Large (2014) and Section Member (2013, 2015 - 2016)
- San Francisco Trial Lawyers Association, 2013, 2015 and 2016
- Alameda & Contra Costa County Trial Lawyers Association, 2013 and 2015



### **Speaking Events**

- *The Early Use of Experts in Wage and Hour Litigations*. Continuing Legal Education, March 4, 2011
- *Mysterious Elements of California Labor Code*. Contra Costa County Bar Association "CCCBA", Employment Section, March 22, 2011
- *2011 Employment Law Update*. CCCBA, Employment Law Section, January 25, 2012
- *2012 Wage & Hour Update*. CCCBA, Employment Law Section, February 19, 2013
- *Employers & Employees, The Workplace Jungle, Can it be Paradise?* City of San Ramon Chamber of Commerce, September 19, 2013
- *Women - What You Need to Know About Taking Leave*. Elimination of Bias credit. Asian American Bar Association, "AABA", November 13, 2013
- *Women in the Workplace*. Elimination of Bias credit. CCCBA MCLE Spectacular, November 22, 2013
- *Women in the Workplace II: The Female Attorney*. November 18, 2014
- *The Morning After, What Happens After an Investigation*. March 4, 2015
- *Day of Trial Settlement Conference Tips from the Bench & Settlement Mentor Experts*. CCCBA MCLE Spectacular, November 20, 2015.

### **Publications**

- *Undocumented Workers are Entitled to Vote in Union Elections – But are They “Employees” Under the Law?* 30 Golden Gate U.L. Rev. 57 (March Session 2000)
- *Co-Guest Editor, Employment Law Magazine*, April 2013, Contra Costa County Bar Association Magazine, On-Line Version
- *"Wolf at Work"*, February 2015 edition of the CCCBA magazine focusing on Women's issues.
- *"The First Female Lawyer in California: Clara S. Foltz"* 1 hour Elimination of Bias, CCCBA Self-Study, November 20, 2015.
- *"Employment Law Perspective"* June 2016 edition of the CCCBA magazine.

### **Previous Work Experience**

- Presidential Management Internship Program, August 2000 – February 2001
  - United States Department of Labor, Secretary's Exceptional Achievement Award
- Employment Law Center, San Francisco Legal Aid Society, Intern in SF; Clinic Volunteer in Berkeley (1999 to Present)
- Equal Employment Opportunity Commission ("EEOC"), San Francisco Office, Intern
- Women's Employment Rights Clinic, Golden Gate University, School of Law, Intern

### **Education**

- Golden Gate University School of Law, JD May, 2000
  - Employment Law Certificate of Specialization with Distinction – May 20, 2000
  - Public Interest Certificate of Specialization with Distinction – May 20, 2000
  - CALI Award for Excellence in Advanced Labor & Employment Law
  - Law Review, Research & Writer Editor – 1999 to 2000
- Sonoma State University, B.A. Liberal Arts, Graduated with Honors - 1997



# Commission for Women

P.O. Box 6695, Concord, CA 94520, [womenscommission@gmail.com](mailto:womenscommission@gmail.com)  
[www.womenscommission.com](http://www.womenscommission.com)

## COMMISSIONER APPLICATION

Name: Beth W. Mora

Address: Danville, CA 94506

Home Phone:

Work Phone:

Email:

Occupation: Attorney

Present Employment: Mora Employment Law

Education: Sonoma State University, BA May 1997  
Golden Gate University School of Law, J.D. May 2000

Professional and Fraternal Memberships (including any offices held):

Please see attached resume under "Professional Associates."

How did you hear about the Contra Costa Commission for Women (CCCW)?

Online Research, further discussion with Phyllis Gordon and Membership Committee.

What experience, if any, do you have with county commissions and how long did you serve on each?

None. No previous service in a county role or position.

[Type text]

Do you have any experience/skills in any of the following areas (circle all that apply)?

<u>Law/Legislation</u>	<u>Government</u>	<u>Community Services</u>	<u>Event Planning</u>
Accounting	<u>Health</u>	Graphic Arts	<u>Diversity</u>
<u>Marketing</u>	<u>Fundraising</u>	<u>Public Relations</u>	Women Vets
<u>Finance</u>	Computer/IT	<u>Administrative</u>	<u>Leadership</u>
Web Development	Writing/Blogging	<u>Social Media</u>	

Helped build my own website, do not believe this counts as web development, computer/IT

Other Skills/Areas of expertise you can contribute to the Commission:

Significant knowledge base in women's rights, work place rights, empowering women, speaking events - leading and organizing.

Do you serve on any Board of Directors/Trustees? If so, which ones and for how long did you serve on each?

No.

Have you had any board orientation and/or training?

Only served on Bar Association Boards which came with their specific training, three times.

Are you involved in any other community organizations or activities? If so, which ones?

Contra Costa County Bar Association, California Women Lawyers and California Employment Lawyer Events/activities.

Why do you want to serve on the CCCW? What goals would you like to see the Commission achieve?

As a working mother of an 8 year old daughter, attorney who believes passionately about women's issues, the commission and what it does for the women and girls of this county is a direct way to give back, meet those goals and help see positive results. Something I can teach my daughter to be proud of.

PLEASE ATTACH A RESUME

A Commissioner assures that all actions of the organization further the Commission's mission to improve economic status, social welfare, and overall quality of life for women in Contra Costa County.

Contra Costa Commission for Women, womenscommission@gmail.com, www.womenscommission.com





Contra  
Costa  
County

For Office Use Only

Date Received:

For Reviewers Use Only:

Accepted Rejected

## BOARDS, COMMITTEES, AND COMMISSIONS APPLICATION

MAIL OR DELIVER TO:

Contra Costa County

CLERK OF THE BOARD

651 Pine Street, Rm. 106

Martinez, California 94553-1292

PLEASE TYPE OR PRINT IN INK

(Each Position Requires a Separate Application)

BOARD, COMMITTEE OR COMMISSION NAME AND SEAT TITLE YOU ARE APPLYING FOR:

PRINT EXACT NAME OF BOARD, COMMITTEE, OR COMMISSION

PRINT EXACT SEAT NAME (if applicable)

1. Name:     
(Last Name) (First Name) (Middle Name)

2. Address:    
(No.) (Street) (Apt.) (City) (State) (Zip Code)

3. Phones:     
(Home No.) (Work No.) (Cell No.)

4. Email Address:

5. EDUCATION: Check appropriate box if you possess one of the following:

High School Diploma ☒ G.E.D. Certificate ☐ California High School Proficiency Certificate ☐

Give Highest Grade or Educational Level Achieved

Names of colleges / universities attended	Course of Study / Major	Degree Awarded	Units Completed		Degree Type	Date Degree Awarded
			Semester	Quarter		
A) <input type="text" value="College of Alameda"/>	<input type="text" value="Business"/>	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
B) <input type="text"/>	<input type="text"/>	Yes No <input type="checkbox"/> <input type="checkbox"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
C) <input type="text"/>	<input type="text"/>	Yes No <input type="checkbox"/> <input type="checkbox"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
D) Other schools / training completed:	Course Studied	Hours Completed	Certificate Awarded: Yes No <input type="checkbox"/> <input type="checkbox"/>			
<input type="text"/>	<input type="text"/>	<input type="text"/>				

THIS FORM IS A PUBLIC DOCUMENT

6. PLEASE FILL OUT THE FOLLOWING SECTION COMPLETELY. List experience that relates to the qualifications needed to serve on the local appointive body. Begin with your most recent experience. A resume or other supporting documentation may be attached but it may not be used as a substitute for completing this section.

<p>A) Dates (Month, Day, Year)  From To  6/1998 1/2013  Total: Yrs. Mos.  16  Hrs. per week 40. Volunteer <input type="checkbox"/></p>	<p>Title  Program Director  Employer's Name and Address  Seneca Center</p>	<p>Duties Performed  Supervised staff  worked w/ families</p>
<p>B) Dates (Month, Day, Year)  From To  1/2003 Current  Total: Yrs. Mos.  18  Hrs. per week Volunteer <input type="checkbox"/></p>	<p>Title  Owner  Employer's Name and Address  Tub-A-Roo  Entertainment</p>	<p>Duties Performed  Special  Events.  Specialist</p>
<p>C) Dates (Month, Day, Year)  From To    Total: Yrs. Mos.    Hrs. per week Volunteer <input type="checkbox"/></p>	<p>Title    Employer's Name and Address  </p>	<p>Duties Performed</p>
<p>D) Dates (Month, Day, Year)  From To    Total: Yrs. Mos.    Hrs. per week Volunteer <input type="checkbox"/></p>	<p>Title    Employer's Name and Address  </p>	<p>Duties Performed</p>

7. How did you learn about this vacancy?

☒ CCC Homepage ☐ Walk-In ☐ Newspaper Advertisement ☐ District Supervisor ☐ Other

8. Do you have a Familial or Financial Relationship with a member of the Board of Supervisors? (Please see Board Resolution no. 2011/55, attached): No ☒ Yes ☐

If Yes, please identify the nature of the relationship:

9. Do you have any financial relationships with the County such as grants, contracts, or other economic relations?

No ☒ Yes ☐

If Yes, please identify the nature of the relationship:

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and understand that all information in this application is publically accessible. I understand and agree that misstatements / omissions of material fact may cause forfeiture of my rights to serve on a Board, Commi or Commission in Contra Costa County.

Sign Nan \_\_\_\_\_

Date: 8/16/2016

### Important Information

1. This application is a public document and is subject to the California Public Records Act (CA Gov. Code §6250-6270).
2. Send the completed paper application to the Office of the Clerk of the Board at **651 Pine Street, Room 106, Martinez, CA 94553**.
3. A résumé or other relevant information may be submitted with this application.
4. All members are required to take the following training: 1) The Brown Act, 2) The Better Government Ordinance, and 3) Ethics Training.
5. Members of boards, commissions, and committees may be required to: 1) file a Statement of Economic Interest Form also known as a Form 700, and 2) complete the State Ethics Training Course as required by AB 1234.
6. Advisory body meetings may be held in various locations and some locations may not be accessible by public transportation.
7. Meeting dates and times are subject to change and may occur up to two days per month.
8. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.





# Contra Costa County Board of Supervisors

## Subcommittee Report

### FAMILY AND HUMAN SERVICES COMMITTEE

4.

**Meeting Date:** 09/12/2016

**Subject:** Referral No. 107 Laura's Law - Assisted Outpatient Treatment

**Submitted For:** FAMILY & HUMAN SERVICES COMMITTEE,

**Department:** County Administrator

**Referral No.:** 107

**Referral Name:** Laura's Law

**Presenter:** Warren Hayes, MHSA Program  
Manager

**Contact:** Enid Mendoza, (925)  
335-1039

---

#### **Referral History:**

The Assisted Outpatient Treatment Demonstration Project Act (AB 1421), known as Laura's Law, was signed into California law in 2002 and is authorized until January 1, 2017. Laura's Law is named after a 19 year old woman working at a Nevada County mental health clinic. She was one of three individuals who died after a shooting by a psychotic individual who had not engaged in treatment.

AB 1421 allows court-ordered intensive outpatient treatment called Assisted Outpatient Treatment (AOT) for a clearly defined set of individuals. In order to be eligible for AOT an individual must meet the following criteria:

- Must be 18 years or older
- Must be suffering from a SMI (W&I 5600.3)
- Unable to survive safely in community without supervision
- History of lack of compliance with treatment, evidenced by either:
  - Hospitalized/incarcerated 2 or more times in last 36 months in forensic or MH unit of State or local correction facility due to mental illness
  - Demonstrated violent behavior towards self or others in the last 48 months
- Offered and refused treatment on a voluntary basis
- Condition must be deteriorating
- Assisted Outpatient Treatment (AOT) is considered the least restrictive treatment
- AOT is needed to prevent relapse or further deterioration
- Will benefit from AOT

AB 1421 specifies that any of the following -- an adult with whom the person resides; a parent, spouse, sibling or child of person (18 or older); the director/designee of the mental health treatment facility or residential facility where the person is/was receiving treatment; a licensed mental health treatment provider; or a law enforcement officer (including probation/parole) -- may request the County Mental Health Director to file a petition with the superior court for a hearing

to determine if the person should be court ordered to receive the services specified under the law. The County Mental Health Director or his licensed designee is required to perform a clinical investigation, and if the request is confirmed, to file a petition to the Court for AOT.

If the court finds that the individual meets the statutory criteria, the recipient will be provided intensive community treatment services and supervision by a multidisciplinary team of mental health professionals with staff-to-client ratios of not more than 1 to 10. Treatment is to be client-directed and employ psychosocial rehabilitation and recovery principles. The law specifies various rights of the person who is subject of a Laura's Law petition as well as due process hearing rights.

If a person refuses treatment under AOT, treatment cannot be forced. The Court orders meeting with the treatment team to gain cooperation and can authorize a 72 hour hospitalization to gain cooperation. A Laura's Law petition does not allow for involuntary medication.

AB 1421 requires that a county Board of Supervisors adopt Laura's Law by resolution to authorize the legislation within that county. AB 1421 also requires the Board of Supervisors to make a finding that no voluntary mental health program serving adults or children would be reduced as a result of implementation. A lack of funding and ongoing controversy over forcing individuals with mental illness into treatment has led most counties to decide against enacting. Nevada County was the first to adopt Laura's Law. In addition to Nevada and Contra Costa, El Dorado, Kern, Los Angeles, Mendocino, Orange, Placer, San Diego, San Francisco, San Mateo, Santa Barbara, Shasta, and Yolo counties have implemented a Laura's Law pilot program.

At its June 3, 2013 meeting, the Legislation Committee requested that this matter be referred to Family and Human Services Committee (FHS) for consideration of whether to develop a program in the Behavioral Health Division of the Health Services Department that would implement assisted outpatient treatment options here in Contra Costa County.

On July 9, 2013, the Board of Supervisors referred the matter to FHS for consideration.

On January 6, 2015 and January 5, 2016, the Board of Supervisors accepted the staff recommendation to carry forward FHS Referral #107 Laura's Law to the 2016 FHS Committee.

### **Referral Update:**

On March 10, 2014, FHS accepted the report and recommendations from the Health Services Department to pilot an Assisted Outpatient Treatment Program.

On October 7, 2014, the Board of Supervisors considered the report from the Health Services Assisted Outpatient Treatment (AOT) Workgroup. The Board expressed its intention to implement an involuntary assisted outpatient treatment program, and instructed the County Administrator's Office and Health Services Department to provide additional information at a later Board meeting to ensure no voluntary programs would be reduced as a result of implementing Laura's Law.

On February 3, 2015, the Board of Supervisors adopted the recommendations of the Health Services Department for a program to be developed with stakeholder participation. Additionally, the Board directed staff to return to the Board for final approval of the program once funding for the program implementation had been built into the budget.

On December 15, 2015, the Health Services Department provided the Board of Supervisors with an update on the progress of the Assisted Outpatient Treatment Program. The Board approved the department's recommendation to continue with the program's implementation using \$2.25 million per year of Mental Health Services Act funding, which would not impact the County's General Fund or reduce the existing voluntary mental health program services. The Board asked that the department return with an update after six months of the full implementation.

**Recommendation(s)/Next Step(s):**

ACCEPT the report from the Health Services Department on the implementation of the County's Assisted Outpatient Treatment Program, as authorized by the Board of Supervisors and AB 1421 (Laura's Law), and forward the report to the Board of Supervisor for approval.

**Fiscal Impact (if any):**

Mental Health Services Act funding to support the program is contained within the Health Services Department budget. There is no impact to the County General Fund.

---

**Attachments**

AOT Report Feb - Jul 2016

AOT Brochure - Attachment 1

AOT Brochure - Attachment 2

AOT Brochure - Attachment 3

AOT Data Report - Attachment 4

---



Page Intentionally Left Blank

## **Contra Costa Behavioral Health Services Interim Report**

### **Assisted Outpatient Treatment Program - Period Covered: February – July 2016**

The Contra Costa County (County) Board of Supervisors (BOS) has authorized the program design and budget to implement Assisted Outpatient Treatment (AOT), and has requested an interim report after six months of operation.

AOT is civil court ordered treatment for persons with serious and persistent mental illness who demonstrate resistance to participating in services. The program design incorporated stakeholder input through a series of workgroup meetings, and consists of a partnership between, 1) the County's court system to adjudicate petitions for mandating mental health treatment, 2) Contra Costa Behavioral Health Services (CCBHS) staff to determine eligibility, ensure mental health care is provided, and initiate petitions, as appropriate, and, 3) a community based organization, Mental Health Systems' ACTiOn Team (MHS) to provide outreach, engagement and Assertive Community Treatment (ACT) level of care to individuals referred by CCBHS.

The program officially started on February 1, 2016 by opening a web site with a dedicated telephone line for referrals, and informing the community with promotional materials and approximately fifteen presentations to NAMI – Contra Costa, law enforcement agencies, and service providers that staff were hired, trained, and open for business. **(Attachments 1,2,3)**

Through the end of July, CCBHS has processed 101 qualified referral requests; 62 of the requests coming from family members, 16 from law enforcement, 16 from mental health service providers, and 7 from other sources. Geographical breakdown roughly approximates the respective populations of East, Central and West Contra Costa County. The rate of requests has been gradually increasing, with 26 of the requests still in the investigatory process. The length of time to determine AOT eligibility has ranged from a minimum of two weeks for cases currently open to CCBHS, to more than six weeks when information has to be obtained elsewhere. Of the 75 cases where a disposition has been established, 13 have been referred to MHS for outreach and engagement, 16 are receiving ACT services, and 3 petitions have been recently filed and are awaiting a first court appearance. 39 individuals were deemed not to be eligible, with 16 of these individuals connected to other appropriate mental health services, and one individual incarcerated. **(Attachment 4)**

The litigation, or court function of AOT, is new and in its early stages. A total of six court petitions have been filed, with three cases resulting in a settlement agreement where the individual is voluntarily participating in services, and three petitions have been recently been filed. The number of petitions filed appear to be low, as CCBHS and MHS staff appear to be successful in connecting individuals, whether eligible for AOT or not, to either the Adult Mental Health System of Care, or to Mental Health Systems' ACTiOn Team, depending upon the acuity level of their illness. For those AOT petitions that have gone to court, CCBHS staff, County Counsel, the Public Defender's Office and Superior Court staff have communicated and worked well together to benefit and complement the AOT program.

The above data reflects a start-up pattern consistent with other large counties who have implemented AOT; namely, program numbers start slow, accelerate at about the six month period, and then plateau. Also consistent is low court involvement, with the preponderance of referred individuals accepting mental health treatment.

CCBHS staff have worked hard to adapt to the role of expeditiously responding to referral requests, determining eligibility, and ensuring connection to the appropriate next steps; whether referral to MHS for outreach and engagement, engaging the court process, or ensuring individuals receive the right type of care, whether they are eligible for AOT or not. Staff report an increase over time in the quality of information and support supplied by qualified requestors. This is resulting in a greater rate of appropriate referrals that exhibit acute clinical need. Reported challenges include managing confidentiality while serving court summons to a service user in a treatment setting, adapting the original program design to day-to-day operations, and establishing a computerized data management system specific to AOT.

Mental Health Systems has achieved full staffing capacity to field a multi-disciplinary mobile team consisting of mental health clinicians, psychiatry, nursing, vocational and housing support, and peer and family partner providers. They have established a master-leased property that has the capacity to safely house up to seven non-crisis clients. Staff have undergone extensive trainings in the ACT model of treatment and various evidence based practices, such as various assessment tools and Motivational Interviewing. The ACTiOn Team has partnered with Contra Costa NAMI to develop supportive and collaborative relationships, and has provided a three part training series to assist family members have a better understanding of ethical, legal and cultural practices of care providers. Two written testimonials from family members have been received that attest to both the effectiveness of the care provided, as well as the support they have received during the process. Reported challenges include clarifying CCBHS's role as it affects day-to-day clinical care decision-making by the MHS ACTiOn Team, introducing the ACT model of care to this County, and housing clients who are not yet ready to safely maintain themselves in housing that is available.

In March of this year Resource Development Associates (RDA) was authorized to provide an independent quantitative and qualitative evaluation of Contra Costa's AOT Program, and to report on the program's programmatic and cost effectiveness. Since then RDA, CCBHS and MHS staff have together identified the data sources, methodology and time line to gather, analyze and report on the research questions of 1) how faithful are ACT services provided to the ACT model, 2) what are the outcomes for people who participate in AOT, 3) what are differences between people who voluntarily participate in AOT versus those who are court ordered, and 4) what are the differences between those who participate in AOT versus those who participate in the County's Full Service Partnership Programs. Recent and planned activities include a site visit to MHS by RDA in August that utilizes the Dartmouth University ACT Fidelity scale, collection of agreed upon data by RDA in September, analysis with participating partners in October, and a full report with data generated in November to CCBHS, the Mental Health Commission, and the Board of Supervisor's Family and Human Services Committee.

## You Should Know

Information you provide as a referring person, such as your identity and personal information, may not be held as confidential and could become part of a court record. As a qualified requesting party you will be expected to participate, and the process may require a substantial amount of your time and effort. The AOT program works within the parameters of medical privacy laws to safeguard protected information. Client information and outcomes may not be shared with qualified requesting parties without informed written consent.

1430 Willow Pass Road, Suite 100  
Concord, CA 94553  
925-957-5201  
[cchealth.org/bhs](http://cchealth.org/bhs)



# Assisted Outpatient Treatment

---

## Qualified Requesters

## In Crisis?

If you are experiencing a life-threatening emergency, call **911** immediately.

*To speak with a trained crisis counselor about a mental health concern, call*  
**1-888-678-7277**  
*day or night*

The AOT Program does not provide mental health crisis services to the general public.



For more information about the AOT Program,  
[visit \[chealth.org/mentalhealth/lauras-law.php\]\(http://chealth.org/mentalhealth/lauras-law.php\)](http://visitchealth.org/mentalhealth/lauras-law.php)



Contra Costa Behavioral Health provides assisted outpatient treatment (AOT) for persons experiencing mental illness who meet the criteria of 2002 California Assembly Bill 1421, also known as Laura's Law.

- 18 or older with a mental illness
- Mental health condition worsening
- Unlikely to be safe in the community without supervision
- Needs the program to prevent serious harm to themselves or others
- Has not engaged in offered treatment
- History of resisting mental health treatment, and
  - Hospitalized due to mental illness 2 times in the last 36 months, OR
  - 1 or more acts of violence toward themselves or others in the last 48 months
- Program participation would be the least restrictive option to ensure recovery and stability
- Likely to benefit from participating

## How to Request Services

If you know someone who meets ALL these criteria, you can request AOT services from Contra Costa County if you are over 18 and are a:

- Probation or police officer
- Parent, spouse, child or member of the person's household
- Mental health clinician serving the person
- Director of a facility where the person is hospitalized or receiving mental health care

To request AOT services, call  
**1-844-422-2268.**

When a person who needs AOT will not participate, BHS petitions a Contra Costa Superior Court judge for a private civil hearing. After the hearing, the judge may require them to participate.

## Making a Request

A clinician will return your call during business hours. Please be ready to share details and provide examples supporting your request.

Your information helps Behavioral Health Services (BHS) determine if AOT is appropriate for the person.

Documentation such as prescriptions, hospital papers or other medical records will aid the process. Information about how to locate or contact the person also helps.

## What to Expect

If BHS determines AOT is an appropriate legal option to pursue, mental health outreach workers will try to contact the person and connect them to services, potentially several times. Voluntary participation is always the goal. The clinician may also contact you again for follow-up information.

BHS will refer the person to appropriate services within the Mental Health System.

## You Should Know

The AOT Program does not provide mental health crisis services. If you are experiencing a life-threatening emergency, call 911 immediately.

1340 Arnold Drive, Suite 200  
Martinez, CA 94553  
925-957-5201  
[cchealth.org/bhs](http://cchealth.org/bhs)



# Assisted Outpatient Treatment

For  
Clients

## In Crisis?

If you are experiencing a life-threatening emergency, call **911** immediately.

To speak with a trained crisis counselor about a mental health concern, call  
**1-888-678-7277**  
*day or night*

The AOT Program does not provide mental health crisis services to the general public.



For more information about the AOT Program,  
[visit \[cchealth.org/mentalhealth/lauras-law.php\]\(http://cchealth.org/mentalhealth/lauras-law.php\)](http://visitcchealth.org/mentalhealth/lauras-law.php)

## What is Assisted Outpatient Treatment?

Assisted Outpatient Treatment (AOT) is a team-based support service to help you feel better and stay safe. A supportive team helps you identify your needs, helps create a plan for getting those needs met, and supports you each step of the way.

## Who gets AOT?

We offer AOT to people who have had serious things happen, such as going to Psychiatric Emergency Services, having a problem with the police or who may just feel unsafe in the community. We only offer AOT if we think it can help.

## What are the benefits of AOT?

NOBODY wants police, hospitals or courts in your life. People who participate in AOT are much less likely to have that kind of problem again. Also, people who participate in AOT are treated with respect and make their own choices. While receiving services, you still live at home and go where you want. Or, if you need a home, AOT can work with you to find one.

# How does it work?

People who participate in AOT work with a team of professionals to make a treatment plan just for them. Plans address things that can get in the way of staying safe and healthy. Services can include:

- Help with medication
- Access to primary health care
- Substance abuse counseling
- Mental health treatment
- Help with health benefits
- Access to supportive housing programs
- Job training
- Peer support for you and your family

## Why have I been contacted about AOT?

Someone recommended that this program might be helpful to you. Trained support staff from Contra Costa Behavioral Health will work with you to decide if AOT is a good fit, or if some other service might be better for you.

## Do I have to pay?

This program is funded through a combination of the county's General Fund and the Mental Health Services Act. All eligible people will be served regardless of their ability to pay.

## What about my privacy?

AOT is confidential. Not even the person who recommended you will know if you join the program or any other details about your treatment, unless you tell someone. You have the opportunity to include others in your plan if you choose.

## What if I do not want help?

AOT works best for people who are willing to participate. A few of our clients are placed in the program after a court hearing, because a judge decides it is very important for them to participate.

The AOT team is mobile and offers flexible hours that make connecting more convenient for you.

## The Court's Role

The goal is for eligible individuals to voluntarily participate in the AOT Program. However, in cases where a referred individual will not do so, they will be summoned to a private civil hearing in Contra Costa Superior Court.

In this situation, BHS files a petition with the court, and a judge holds a hearing that includes the referred individual and their legal representation, provided by the Public Defender's office. After the hearing, the judge may order the referred individual to participate in AOT.

1430 Willow Pass Road, Suite 100  
Concord, CA 94553  
925-957-5201  
[cchealth.org/bhs](http://cchealth.org/bhs)



# Assisted Outpatient Treatment

## Program Overview

## In Crisis?

If you are experiencing a life-threatening emergency, call **911** immediately.

To speak with a trained crisis counselor about a mental health concern, call

**1-888-678-7277**  
day or night



For more information about the AOT Program, visit [cchealth.org/mentalhealth/lauras-law.php](http://cchealth.org/mentalhealth/lauras-law.php)



Assisted Outpatient Treatment (AOT) is for people with severe and persistent mental illness, who need treatment to prevent them from getting worse, may pose a risk to themselves or others, and who usually decline care or struggle to stay or enroll in treatment.

For these individuals, Contra Costa County has adopted Laura's Law, which allows counties to use the civil court system to supervise care.

The court process is only used after every effort has been made to encourage individuals who need treatment to voluntarily participate.

The AOT program is a partnership between Contra Costa Behavioral Health Services (BHS), the Superior Court, the Public Defender's Office and Mental Health Systems, a nonprofit service provider.

## What AOT does

Eligible individuals benefit from a 24-hour team response that can include treatment, medication, access to primary health care, substance abuse counseling, counseling regarding benefits and other resources, access to supportive housing services, vocational rehabilitation, and peer and family member support.

Participants are either referred to the program by the court or join voluntarily. Those who do not meet all AOT eligibility requirements are connected with appropriate behavioral health services.

## Who is eligible for AOT

An adult with mental illness may qualify for the AOT program if their mental health is getting worse, they are unlikely to be safe in the community without supervision, and they have a recent history of hospitalization or violence related to their mental health.

The program is intended for those who have previously declined or not engaged in offered treatment.

For more information about who qualifies for AOT and who can request an AOT screening, visit [cchealth.org/mentalhealth/lauras-law.php](http://cchealth.org/mentalhealth/lauras-law.php)

## How AOT works

A Care Team responds to qualified requests for AOT screening and supports those involved, encourages participation in appropriate mental health care, provides links to services and engages the person in the least restrictive care needed.

Eligible individuals receive Assertive Community Treatment, a nationally recognized, evidence-based practice. The ACT team is led by a licensed mental health clinician and works with clients to implement individualized treatment plans.

When a person who needs AOT will not participate, BHS petitions a Contra Costa Superior Court judge for a private civil hearing. After the hearing, the judge may require them to participate.

**Assisted Outpatient Treatment Program Data – FEB through JUL 2016**
**ATTACHMENT 4**

		Number	Percentage	County Demographic Percentage
<b>Gender</b>	Male	59	58	49
	Female	42	42	51
Total		101		
<b>Region</b>	West	28	28	24
	Central	46	45	50
	East	27	27	26
Total		101		
<b>Type of Qualified Requestor</b>	Family Members	62	61	
	Law Enforcement	16	16	
	Service Providers	16	16	
	Other	7	7	
Total		101		
<b>Outcomes</b>	Case opened - determining AOT eligibility	26		
	Referred to MHS for outreach and engagement	13		
	Volunteered for ACT Services	16		
	Court Involved petition pending	3		
	Connected to other mental health services	16		
	Not eligible for AOT	26		
	Incarcerated	1		
Total		101		

Page Intentionally Left Blank



# Contra Costa County Board of Supervisors

## Subcommittee Report

### FAMILY AND HUMAN SERVICES COMMITTEE

5.

**Meeting Date:** 09/12/2016

**Subject:** Referral No. 113 Built Environment and Health in All Policies

**Submitted For:** FAMILY & HUMAN SERVICES COMMITTEE,

**Department:** County Administrator

**Referral No.:** 113

**Referral Name:** Built Environment and Health in All Policies

**Presenter:** Daniel Peddycord, Public Health Director; Tracey Rattray, Community Wellness and Prevention Program Director  
**Contact:** Enid Mendoza, (925) 335-1039

---

#### **Referral History:**

The Board of Supervisors referred consideration of the Built Environment Program and Health in All Policies to the Family and Human Services Committee on May 12, 2015.

On July 20, 2015, the Family and Human Services Committee received a report from the Health Services Department on this topic, including an update on the Planning and Integration Team for Community Health (PITCH).

On October 20, 2015, the Board of Supervisors accepted the department's report on Health In All Policies and the Built Environment Program as recommended by FHS.

On January 5, 2016, the Board of Supervisors accepted the staff recommendation to carry forward FHS Referral #113 Built Environment Program and Health in All Policies to the 2016 FHS Committee.

#### **Referral Update:**

Please see the attached report for the update on the Built Environment Program and Health in all Policies.

#### **Recommendation(s)/Next Step(s):**

ACCEPT the report from the Health Services Department on Built Environment Program and Health in All Policies, and forward it to the Board of Supervisors for their information.

#### **Fiscal Impact (if any):**

No fiscal impact.

---



## **Attachments**

### **Built Environment Program and Health in All Policies Report**

---



To: Family and Human Services Committee, Contra Costa Board of Supervisors  
From: Daniel Peddycord, Public Health Director  
Re: Update on Community Wellness and Prevention Program Activities  
Date: September 12, 2016

---

**Background:**

During the budget hearings of May 12, 2015 the Board of Supervisors referred consideration of the Built Environment Program and Health in All Policies to the Family and Human Services Committee. Specifically, some members of the Board expressed interest in assuring that policy work and policy advocacy occurring within the Community Wellness and Prevention Program (CWPP) was consistent and in-step with the policy positions adopted and endorsed by the Board of Supervisors. Board members asked that CWPP not be out ahead of the Board on policy and that their community advocacy work be cognizant of this sensitivity. The concern expressed was that coalition building for policy advocacy could lead to CWPP program staff actively promoting policy positions that the Board had yet to consider, bringing to question the appropriateness of mobilizing coalitions for this purpose.

On July 20<sup>th</sup>, 2015 CWPP presented a report on the Built Environment (BE) and Health in All Policies (HIAP), to the Family and Human Service Committee as requested. A report on the Planning and Integration Team for Community Health (PITCH) was also presented at this meeting. In parallel these reports were also forwarded through the Finance Committee on September 15<sup>th</sup>, 2015. Subsequently, these reports were forwarded to the full Board of Supervisors for consideration on October 20<sup>th</sup>, 2015. The report on BE and HIAP, was presented as an on-agenda item with subsequent discussion. Representatives from the City of San Pablo, the City of Concord and Healthy & Active Before 5 spoke during the presentation on behalf of the benefits of working with the Community Wellness and Prevention Program, as an extension of the Public Health Division. The report highlighted funding grants, in the millions of dollars, and technical assistance that Public Health staff had contributed to the cities being able to receive. In this way, it was noted that the Public Health Division serves and advises on the Public Health needs for all cities in the County as well as the unincorporated jurisdiction of the County itself.

This report is intended to be a follow up to the subsequent reports and to summarize the actions taken by the Public Health Division to address the interest expressed by Board.



### **Built Environment:**

To help address concerns connected with work that CWPP is doing related to the built environment, land use and transportation planning, the Public Health Division (PHD) has clarified that CWPP does not have a formal program called “Built Environment”. CWPP recognized that its web site page related to the built environment was causing some confusion and may have contributed to the perception that coalition building and community mobilizing may be in conflict with Board policy or practice. As such the web-site has been revised, the Built Environment page removed and the program activity is described under the banner of “Healthy Communities”. PHD leadership has worked with CWPP program staff and management on awareness of board policy and being sensitive to policy and programmatic work that touches upon the built environment and land use planning. Keeping Board Offices informed of regional work being done in specific supervisorial districts has also been emphasized as a key means to help assure alignment with board policy and board member interest. CWPP also recognizes that the Department of Conservation and Development (DCD) and parallel Departments within City jurisdictions are the lead agencies on local land use and planning.

To advance an interest in creating Healthy Communities, CWPP works with staff and leaders within the County and City jurisdictions to advise on policy, organizational change and programmatic activity to advance the health of communities. These activities typically related to Safe Routes to Schools, Complete Streets and promoting increased physical activity and healthy nutrition. The Public Health Division recognizes these critical strategies to help address the epidemics and cost associated with obesity and diabetes.

CWPP’s work in Concord has been communicated to the office of District IV, work connected to the Healthy and Livable Pittsburg Collaborative has been communicated to the Office of District V, and work being done in Richmond and San Pablo has been communicated to the Office of District I. Currently CWPP is in communication with all District offices regarding research for the Let’s Move campaign.

### **Examples of work related to the unincorporated area of the County**

Through the Planning and Integration Team for Community Health (PITCH), in May 2015, CWPP staff partnered with Public Works for the Active Transportation Program (ATP) Cycle 2 grant program CWPP. CWPP staff wrote public health sections of two grants for unincorporated Bay Point. The two projects included closing sidewalk gaps on Pacifica Ave. (\$600,000) and a reconfiguration of Bailey Rd/SR 4 interchange to make it safer for cyclists and pedestrians (\$4,160,000). These projects were awarded funding from ATP and included funding for CWPP staff to compliment the street improvement projects with Safe Routes to School education focused on students at Bay Point schools and with safe driving education components for commuters driving to and parking at the BART station. Subsequently CWPP partnered with Public Works on three grant applications for ATP Cycle 3 grant program for street improvements in unincorporated Walnut Creek, El Sobrante, and Vine Hill. We are awaiting a response from ATP about whether these grants will be funded.

### **Examples of Work with Cities**

The City of Concord contracted with CWPP to provide community education, outreach and guidance in the development of their citywide Bicycle, Pedestrian, and Safe Routes to Transit Plan. This plan, which goes to Concord City Council in September, 2016, establishes standards for the city, describes a complete bicycle and pedestrian infrastructure network, prioritizes projects, and will position the city to be more competitive for receiving grant funding such as ATP and One Bay Area Grant (OBAG) funds.

In addition, CWPP staff are working with staff from the City of San Pablo on several initiatives. CWPP staff are serving on the Technical Advisory Committee for San Pablo's Bicycle and Pedestrian Master Plan, contributing a health-promotion and injury-prevention perspective to the plan. CWPP staff will assist the city with public outreach, consideration of community input, and recommendations on drafts of the plan. This plan will position San Pablo to be more competitive for receiving grant funding such as ATP and OBAG funds.

Through the San Pablo Childhood Obesity Prevention Taskforce, CWPP staff responded to the City Council's request for input regarding city support for childhood obesity prevention. This resulted in the city allocating \$50,000 to support physical activity programs, new water stations and salad bars in schools. We have also been working with San Pablo staff to have new park space considered in the options for the development of the Plaza San Pablo Site. Leaders from the city of San Pablo have noted a need for and have established a priority to create additional park space for its residents.

CWPP provided community educational workshops and led community outreach to develop a vision for Rumrill Blvd/13<sup>th</sup> St in San Pablo/Richmond. The community meetings solicited input from the community and a design was developed that included a protected walking and bicycling path along the length of much of the corridor. This information was included in San Pablo's application to ATP which was awarded \$4,310,000 from the regional funds, overseen by the Metropolitan Transportation Commission, in November 2015.

In support of the Healthy and Livable Pittsburg Collaborative, CWPP assisted the City of Pittsburg in writing an ATP grant to fund a \$300,000 Bicycle, Pedestrian, and Safe Routes to School Master Plan. We are waiting to hear if the grant will receive funding. If the grant is received, the two year planning process will result in a plan that incorporates community input into the Master Plan and will position Pittsburg to be more competitive for receiving grant funding such as ATP and OBAG funds.

The amount of fiscal resources, related to advancing health in the built environment, that CWPP has worked with civic and community partners to achieve is considerable. Since the previous report on CWPP's work on the built environment, CWPP staff has assisted in bringing an additional \$9,070,000 into the county. When combined with the \$9,865,000 summarized in the previous report, to date, CWPP has assisted in bringing \$18,935,000 into Contra Costa County unincorporated areas and cities for health promoting transportation projects.

### **Health in All Policies**

As noted in the report of July 20, 2015, Health in All Policies (HIAP) is a concept that recognizes that our health, and to a great extent our health behaviors, are strongly influenced and shaped by the built environment, as well as by organizational practices and policies in the places where we live, work, learn and



play. As such, the concept of HIAP encourages us to give consideration to the health implications, as well as opportunities, to improve and protect our health in virtually every public and organizational policy decision that we make.

To help assure that CWPP staff were acting in concert with the interest and concerns of the Board of Supervisors, the Public Health Division sought to better align the work that CWPP is doing in the arena of policy and organizational change with the County's annual State Legislative Platform. Specifically the PHD asked the Board to support funding and policy aimed at population-based chronic disease prevention efforts to advance a policy, systems and organizational-change approach to addressing the underlying environmental factors and conditions that influence health and health behaviors. Additionally the PHD asked the Board to support efforts to advance a HIAP approach to work across the County. Lastly, the PHD asked the Board to consider supporting ongoing study of the health impacts of global and regional climate change and to support ongoing countywide mitigation efforts. All three of these recommendations were endorsed by the Board of Supervisors and added to the 2016 State Legislative Platform. In addition, as CWPP or any Public Health staff are asked to address a specific state or national policy, the Public Health Division is working with the CAO's office to affirm the County's Official position and to assure that staff comments and actions are consistent with that of the Board.

#### Examples of work with County, Cities and Community Partners:

**Tobacco Prevention Policies:** The Public Health Director (PHD) and CWPP staff recently presented fifteen tobacco control and prevention policy options to reduce youth access to tobacco to the Board of Supervisors. The Board endorsed all of the recommendations and directed the Public Health Division to return with a revised County Ordinance for further consideration. The PHD plans to present this to the full Board in the fall of 2016. In addition, the Board of Supervisors endorsed Prop 56 a "Cigarette Tax to Fund Healthcare, Tobacco Use Prevention, Research, and Law Enforcement Initiative Constitutional Amendment and Statute." These examples serve as an illustration of the Board's long standing support for protecting youth from exposure to tobacco products, noting that over 90% of all adult smokers were introduced to tobacco use as minors. CWPP staff connected with Tobacco Prevention will be working with City leaders and staff to promote consideration of policies to advance tobacco prevention.

**Promoting Physical Activity:** CWPP and community partners, including Monument Impact, First 5 Contra Costa, and the Central County Regional Group, developed and administered surveys of park conditions in the City of Concord. The results were reviewed together with community partners and a series of recommended improvements were developed. The team then presented these recommendations to the Concord Parks, Recreation, and Open Space Commission and City Council. In response, the City of Concord allocated \$945,000 in park renovations to Ellis Lake and Meadow Homes Parks (the two priority parks from the assessment), including new bathrooms, new play structures, upgraded walkways, improved lighting, and improved shading. Sources of this funding included East Bay Regional Measure WW and City of Concord Measure Q funding.

CWPP staff in partnership with Monument Impact, First 5 Contra Costa, Central County Regional Group, Healthy and Active Before 5, County Connection and the City of Concord, led a walk audit of Detroit Ave, which resulted in a successful OBAG application for \$2,200,000 (noted in CWPP's previous report), which paid for bicycle lanes, sidewalk gap closures, improved intersections, and improve transit stops. Construction was completed in 2016.

CWPP was requested by a parent group at Cambridge Elementary in Concord to host a walk audit to assess walking conditions around the school. CWPP performed the walk audit in November 2015, which District IV staff attended. Follow up meetings with parents, school staff, and Concord Police Department helped refine the parents' vision and created priorities, which were shared with city transportation staff. City staff is investigating funding opportunities for improvements.

Another example is CWPP's technical and research assistance to support First 5 Contra Costa and the West County Regional Group, working in close collaboration with the City of San Pablo, for park improvements, identifying funding sources for parks, and identifying locations in the city for new park space.

CWPP continues to provide staff support for the Healthy and Livable Pittsburg Collaborative (HLPC) which includes staffing meetings, administering the project, and grant writing assistance to community agencies that are working to promote healthy eating and active living in the city. HLPC partners, which include staff from the City of Pittsburg and District V Supervisor's office, are particularly interested in exploring improving food access, park improvements, promoting walking and cycling, establishing community gardens and working with the city on their efforts to create safer streets.

In addition, CWPP staff are providing technical assistance to all jurisdictions in the County who are interested in the Obama Administration's Let's Move Campaign.

#### **In Summary:**

While CWPP continues to work in the arena of policy, systems and organizational change, it does so with a better appreciation for assuring that its work is consistent with and informed by the policy interest and official position of the Board of Supervisors. In parallel, while CWPP continues to participate on various committees and collations it does so with respect for and intention to be consistent and in-step with board policy. Even if the request is generated by a City, School, Parks District or a community group, CWPP appreciates that policy makers are elected to consider and adopt policy and to represent the public's or organizational interest, and that as public employees we must be sensitive to and respectful of this process. Finally, CWPP appreciates that it's role is not to self-generate community coalitions to advance its programmatic interest but rather to participate, offering technical assistance, and/or as formally endorsed by the Board of Supervisors.

Page Intentionally Left Blank



# Contra Costa County Board of Supervisors

## Subcommittee Report

### FAMILY AND HUMAN SERVICES COMMITTEE

6.

**Meeting Date:** 09/12/2016

**Subject:** Referral No. 44 Challenges for EHSD - Continuum of Care: Foster Care

**Submitted For:** FAMILY & HUMAN SERVICES COMMITTEE,

**Department:** County Administrator

**Referral No.:** 44

**Referral Name:** Challenges for EHSD - Continuum of Care Reform

**Presenter:** Kathy Gallagher, Employment and Human Services Director      **Contact:** Enid Mendoza, (925) 335-1039

---

#### **Referral History:**

This referral to the Family and Human Services Committee (FHS) was originally made by the Board of Supervisors on April 25, 2000. Another referral, number 19, on Welfare Reform was referred on January 21, 1997. On January 1, 2005, the Board of Supervisors combined these two referrals so that the Department could provide updates on various aspects of their programs as the need arose. Since that time, the Family and Human Services Committee has received annual updates from the Employment and Human Services Department on a variety of issues impacting the Department.

On January 5, 2016, the Board approved the staff recommendation to carry forward this referral to the 2016 FHS. On June 7, 2016, the Board approved the recommendation of the Employment and Human Services Director to eliminate the "Office of the Future" component of the referral and expand the referral to include a report on the Continuum of Care (Foster Care) topic.

#### **Referral Update:**

Please see the attached report from the Employment and Human Services Department.

#### **Recommendation(s)/Next Step(s):**

ACCEPT the report from the Employment and Human Services Department on the foster care Continuum of Care Reform and forward it to the Board of Supervisors for their information.

#### **Fiscal Impact (if any):**

No fiscal impact.

---

#### **Attachments**

Continuum of Care - Foster Care Presentation

---

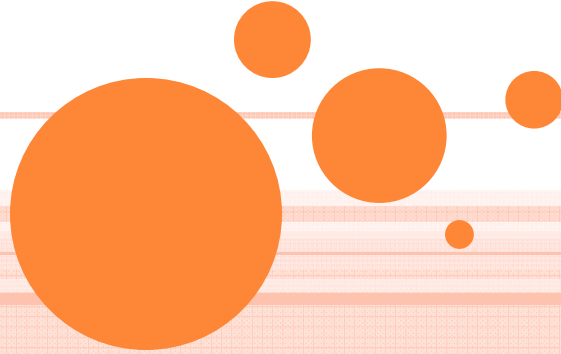


Page Intentionally Left Blank

CALIFORNIA'S CHILD WELFARE

# CONTINUUM OF CARE REFORM (CCR) OVERVIEW

SEPTEMBER 12, 2016



# WHAT IS THE CONTINUUM OF CARE REFORM?

*A comprehensive framework that supports children, youth and families across placement settings in achieving permanency.*

## CCR includes:

- Increased engagement with children, youth and families
- Increased capacity for home-based family care
- Limited use of group home care
- Changes in rates, training, accreditation, mental health services and accountability & performance



# BACKGROUND

- Legislatively mandated by AB 403
  - Builds on previous reform efforts
  - Provides the statutory and policy framework to promote services and supports provided to the child or youth



## A stylized illustration of six figures standing in a horizontal line. From left to right: a man with a blue headwrap and a white shirt with a yellow sash; a woman with a yellow headwrap and a white shirt with a yellow sash; a woman with a yellow headwrap and a white shirt with a yellow sash; a woman with a yellow headwrap and a white shirt with a yellow sash; a woman with a yellow headwrap and a white shirt with a yellow sash; and a woman with a yellow headwrap and a white shirt with a yellow sash. The figures are rendered in a simplified, geometric style with flat colors and no facial features.

- 



# THE PARADIGM SHIFT

*Group Home*



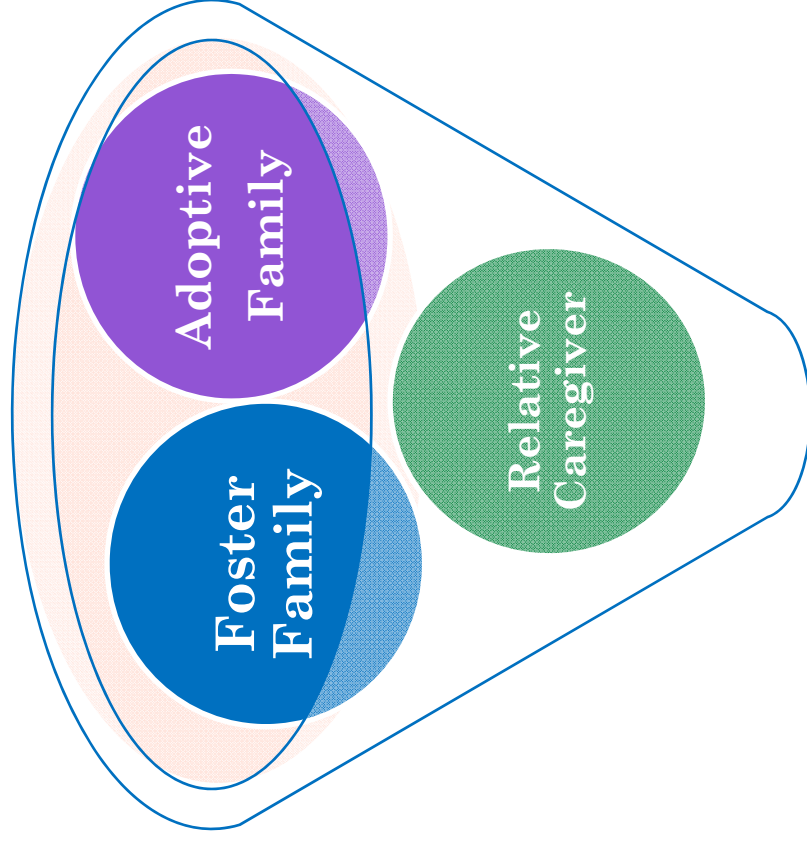
*Short Term Residential  
Treatment Program  
(STRTP)*

Children who cannot be safely placed in a family can receive short-term, residential care with specific care plans and intensive therapeutic interventions and services to support their transition to a family.

**Foster Families/Relatives**



**Resource Families**



**Resource Family**

## **Resource Family Approval (RFA):**

- A new process for licensing foster homes and approving relatives
- Single, unified RFA process that will be used for all caregiver families: Kin, Non Related Extended Family Members (NREFM), licensed foster families, and FFA foster families



# RESOURCE FAMILY APPROVAL (RFA)

## PROCESS



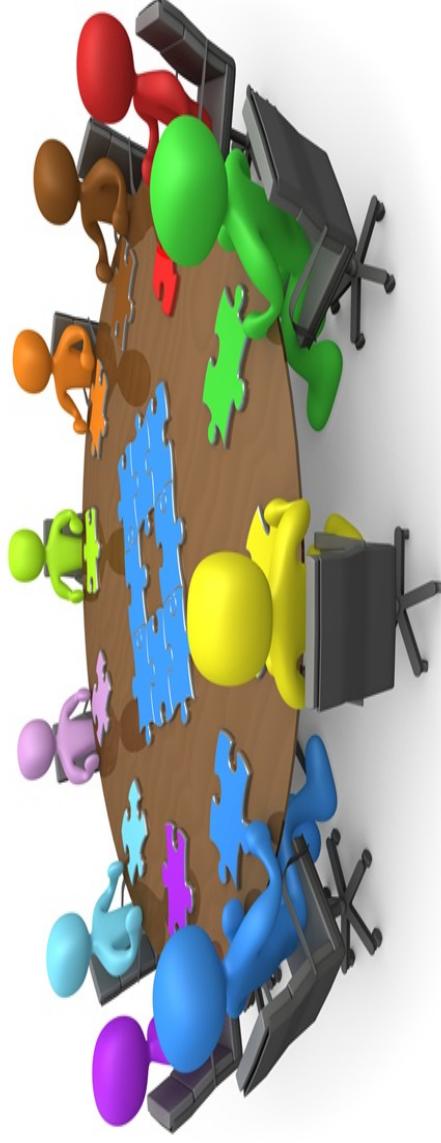
### *Highlights of new RFA process effective 01/01/17:*

- More comprehensive in-depth background checks and training requirements for all caregiver families, including a psychosocial assessment
- Once approved, families do not need an adoption home study to adopt a child in their care
- Existing homes to be transitioned to RFA homes over the next two years



# INCREASED ENGAGEMENT

- Child & Family Team(CFT)
  - Up-front and continuing assessment that includes youth, family and others that are deemed important to the youth and family to provide input on the supports, services, and placement needed by the youth and family



# CORE SERVICES

Short Term Residential Treatment Programs (STRTP) and Foster Family Agencies (FFA) must make available core services:

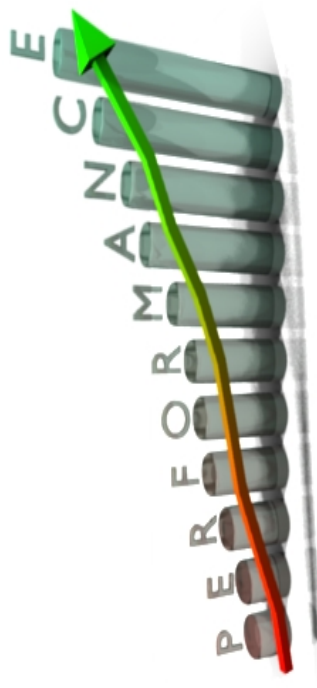
- Access to specialty mental health services
- Transitional support services for placement changes, permanency, aftercare
- Education, physical, behavioral and mental health supports
- Activities to support youth achieving a successful adulthood
- Services to achieve permanency & maintain/establish family connections
- Active efforts for Indian Child Welfare Act (ICWA) -Eligible children





# OVERSIGHT & ACCOUNTABILITY

- National Accreditation of STRTPs and FFAs
- Cross Departmental Oversight Framework
- Evaluate provider performance along common domains developed by the State
- Youth, caregiver and stakeholder satisfaction surveys
- Public transparency of provider performance



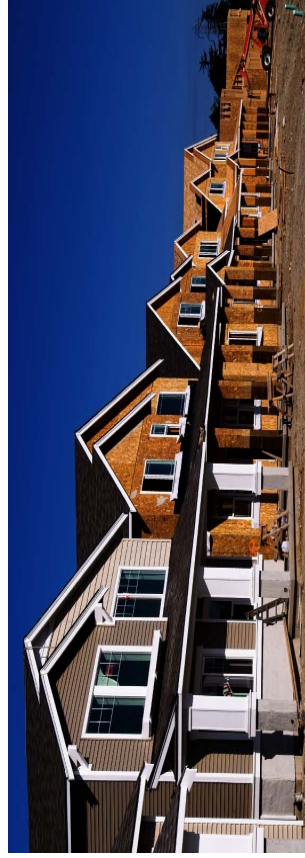
# NEW PROVIDER RATE STRUCTURE

- One rate for Short-Term Residential Therapeutic Program settings
- A tiered rate structure for Home Based Family Care based on the level of care to be provided by Resource Families
- New rates begins 1/1/17

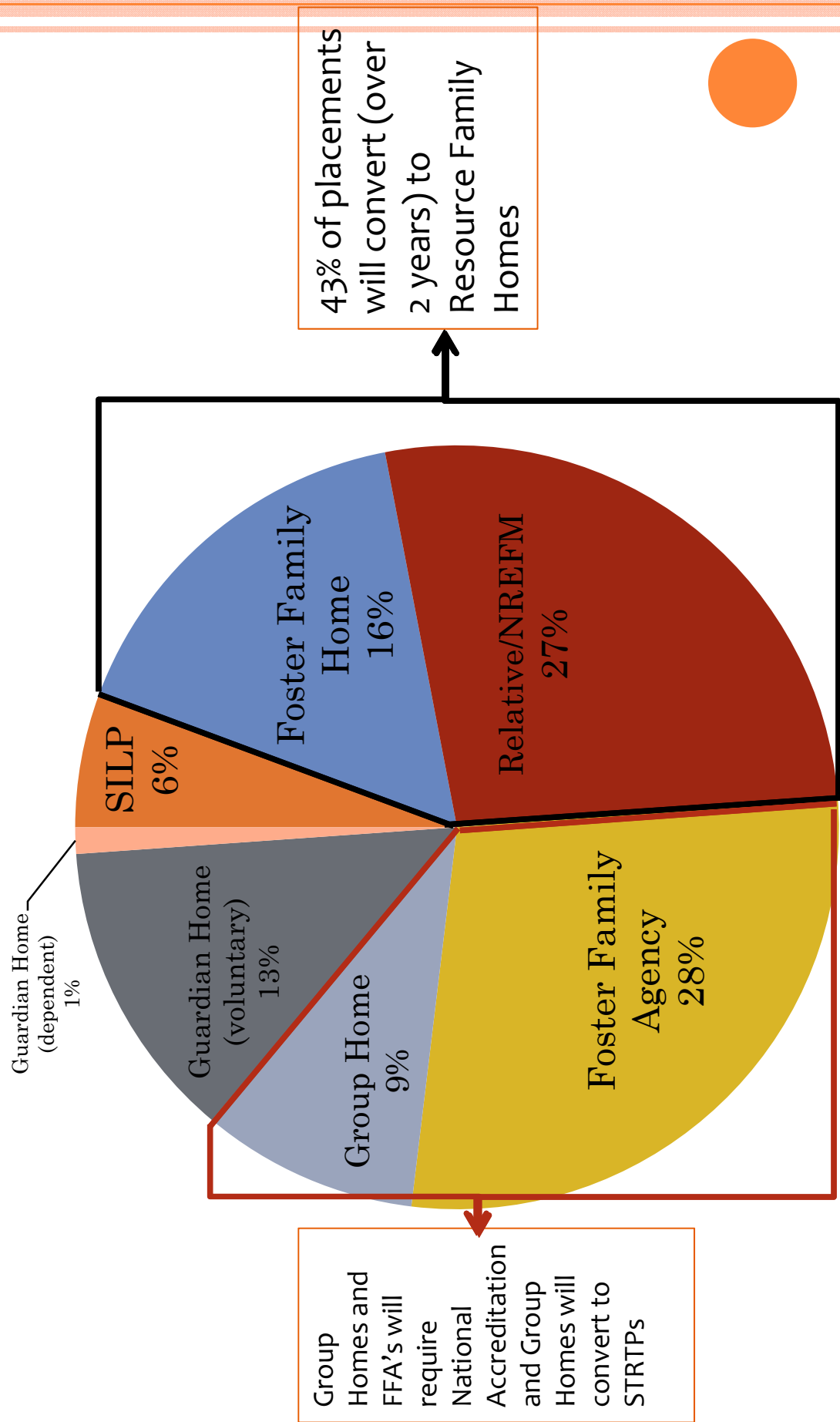


# IMPLICATIONS FOR CONTRA COSTA COUNTY

- Contra Costa County has 107 dependent children in Group Home placements (approximately 10%) placed throughout 50 different group homes
- Currently there are approximately 260 licensed homes and 250 approved relative homes
  - CCC will need additional Resource Family Homes able and willing to take children stepping down from Group Homes (STRTPs)



# CONTRA COSTA COUNTY PLACEMENTS



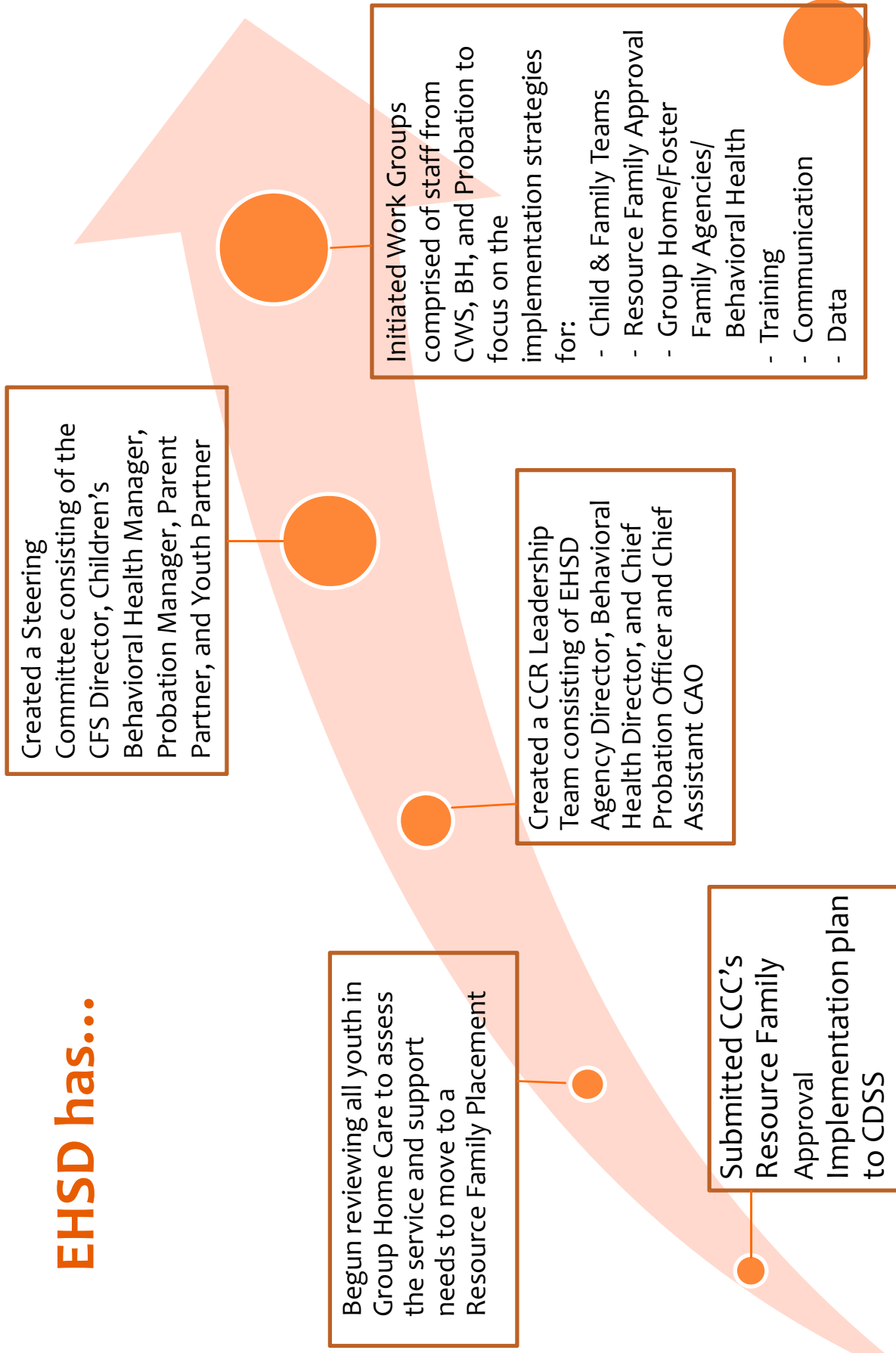
# CHALLENGES AHEAD FOR CCC

- Mental Health Services Collaboration
  - Increased expectations of services with insufficient funding
- Recruiting Foster Families
  - Increase community awareness of need for caregivers and the specific needs of our youth
- Increased training needed for caregivers
  - Based on high needs youth who will be transitioning to home based care
- Payment Rates
  - Restructured rates need to sufficiently account for higher, more intensive levels of services provided by caregivers



# THE WORK

## EHSD has...





# IT'S A PROCESS...



This will require:

- Cross department collaboration (CFS, Behavioral Health, Probation)
- Up front investments
- Increase communication with community members regarding needs for quality Resource Families
- Time to build capacity at the local level to support children & youth in home based care



## LOOKING AHEAD

- “The goal for all children in foster care is normalcy in development while establishing permanent life-long family relationships. Therefore, children should not remain in a group living environment for long periods of time”
- “All children deserve to live with a committed, nurturing, and permanent family that prepares youth for a successful transition into adulthood.”



# QUESTIONS AND ANSWERS

