

You Should Know

Information you provide as a referring person, such as your identity and personal information, may not be held as confidential and could become part of a court record. As a qualified requesting party you will be expected to participate, and the process may require a substantial amount of your time and effort. The AOT program works within the parameters of medical privacy laws to safeguard protected information. Client information and outcomes may not be shared with qualified requesting parties without informed written consent.

1430 Willow Pass Road, Suite 100
Concord, CA 94553
925-957-5201
cchealth.org/bhs



Assisted Outpatient Treatment

Qualified
Requesters

In Crisis?

If you are experiencing a life-threatening emergency, call **911** immediately.

To speak with a trained crisis counselor about a mental health concern, call

1-888-678-7277
day or night

The AOT Program does not provide mental health crisis services to the general public.



For more information about the AOT Program,
visit chealth.org/mentalhealth/lauras-law.php

Contra Costa Behavioral Health provides assisted outpatient treatment (AOT) for persons experiencing mental illness who meet the criteria of 2002 California Assembly Bill 1421, also known as Laura's Law.

- 18 or older with a mental illness
- Mental health condition worsening
- Unlikely to be safe in the community without supervision
- Needs the program to prevent serious harm to themselves or others
- Has not engaged in offered treatment
- History of resisting mental health treatment, and
 - Hospitalized due to mental illness 2 times in the last 36 months, OR
 - 1 or more acts of violence toward themselves or others in the last 48 months
- Program participation would be the least restrictive option to ensure recovery and stability
- Likely to benefit from participating

How to Request Services

If you know someone who meets ALL these criteria, you can request AOT services from Contra Costa County if you are over 18 and are a:

- Probation or police officer
- Parent, spouse, child or member of the person's household
- Mental health clinician serving the person
- Director of a facility where the person is hospitalized or receiving mental health care

To request AOT services, call **1-844-422-2268**.

Making a Request

A clinician will return your call during business hours. Please be ready to share details and provide examples supporting your request.

Your information helps Behavioral Health Services (BHS) determine if AOT is appropriate for the person.

Documentation such as prescriptions, hospital papers or other medical records will aid the process. Information about how to locate or contact the person also helps.

What to Expect

If BHS determines AOT is an appropriate legal option to pursue, mental health outreach workers will try to contact the person and connect them to services, potentially several times. Voluntary participation is always the goal.

The clinician may also contact you again for follow-up information.

BHS will refer the person to appropriate services within the Mental Health System.

When a person who needs AOT will not participate, BHS petitions a Contra Costa Superior Court judge for a private civil hearing. After the hearing, the judge may require them to participate.