



P.O. Box 6695, Concord, CA 94520, womenscommission@gmail.com
www.womenscommission.com

COMMISSIONER APPLICATION

Name: Angela Herron

Address: , Brentwood, CA 94513

Home Phone:

Work Phone:

Email:

Occupation: Mental Health Clinical Specialist

Present Employment: Contra Costa County

Education: Master of Arts - Counseling Psychology - John F. Kennedy University
Bachelor of Arts - Psychology - Clark Atlanta University

Professional and Fraternal Memberships (including any offices held):

Delta Sigma Theta Sorority, Inc.

Consolidated Planning and Advisory Workgroup - Contra Costa County

How did you hear about the Contra Costa Commission for Women (CCCW)?

Internet - Women's Commission website

What experience, if any, do you have with county commissions and how long did you serve on each?

I was just appointed a seat on the Contra Costa County Consolidated Planning and Advisory Workgroup in April 2016. Although I have little experience with county commissions, I am eager to learn and excited about serving the women in my community through this organization.

[Type text]

Do you have any experience/skills in any of the following areas (circle all that apply)?

Law/Legislation	Government	Community Services	Event Planning
Accounting	Health	Graphic Arts	Diversity
Marketing	Fundraising	Public Relations	Women Vets
Finance	Computer/IT	Administrative	Leadership
Web Development	Writing/Blogging	Social Media	

Other Skills/Areas of expertise you can contribute to the Commission:

I have several years of experience providing mental health services to individuals in my community. I have also led workshops specifically designed for the needs of parents and women in the community.

Do you serve on any Board of Directors/Trustees? If so, which ones and for how long did you serve on each?

N/A

Have you had any board orientation and/or training?

N/A

Are you involved in any other community organizations or activities? If so, which ones?

At this time, I am not involved in any other community organizations or activities. I work full-time for Contra Costa County.

Why do you want to serve on the CCCW? What goals would you like to see the Commission achieve?

I am passionate about women's issues. The Dalai Lama said, "The world will be changed by the Western woman". I want to work collectively with other women in my community (and beyond) to help uplift and edify our communities as well as the overall quality of life for women everywhere. I would like to see the Commission work on issues as they relate to women's mental well being and young women's self esteem.

PLEASE ATTACH A RESUME

A Commissioner assures that all actions of the organization further the Commission's mission to improve economic status, social welfare, and overall quality of life for women in Contra Costa County.

ANGELA M. HERRON

Brentwood, CA 94513

E-Mail:

EDUCATION AND LICENSE

Licensed Marriage and Family Therapist with the California Board of Behavioral Science (MFC 48437)

John F. Kennedy University – Master of Arts in Counseling Psychology
Pleasant Hill, California

Clark Atlanta University - Bachelor of Arts in Psychology
Atlanta, Georgia

PROFESSIONAL EXPERIENCE

CONTRA COSTA COUNTY – *Mental Health Clinical Specialist – Full time – 40+ hour per week*

Pittsburg, CA

06/11 – present

Provide client centered individual therapy and case management services to persistent and severely mentally impaired adults in Contra Costa County. Quickly and decisively analyze client behaviors and apply treatments, counseling or referrals as a part of a coordination of care. Provide responsive, professional and clinically sound crisis intervention services and support in the clinic and in the community. Provide therapeutic individual and family support services. Thoroughly evaluate co-occurring problems, including chemical dependency and formulate appropriate diagnosis and comprehensive treatment plans. Routinely assess residential adult facilities for level of care and provide feedback for continued program eligibility. Participate on a multidisciplinary team and in staff development programs regarding clients and professional clinical approaches. Take leadership role in response to crisis that occurs at the clinic.

LOS MEDANOS COLLEGE – *Psychology Instructor (Adjunct Faculty) – Part time – 3-6 hours per week*

Pittsburg, CA

08/08 – 08/14

Teach material from approved curriculum and develop lesson plans to include instructional aids. Participate in school retention initiatives by providing regular, accurate, and timely feedback to students and the school concerning academics, behavior and attendance. Motivate students to actively participate in all aspects of the educational process. Participate in core course academic support programs and student professional associations.

ALTERNATIVE FAMILY SERVICES – *Case Manager – Part time 1- 20 hours per week*

Oakland, CA

12/07 – 05/12

Effectively managed caseload of foster and adoptive children. Used a variety of clinical interventions working with parent/child and sibling relationship issues. Developed quarterly treatment plans. Acted as advocate and liaison for clients with other professional service providers in the community and within the AFS organization as necessary. Prepared and completed all reports, file requirements as per agency policy and state mandated regulations. Participated in the on-going development, preparation and training for foster parents and children. Assured that the rules, recommendations and accountability requirements of appropriate regulatory bodies, were adhered to in relation to clients served.

PRIVATE PRACTICE - *Licensed Marriage and Family Therapist – Full time – 40+ hours per week*

Brentwood, CA

04/10 – 05/11

Provided individualized, personal psychotherapy to individuals, couples, families and groups. Facilitated workshops on a variety of topics. Specialized focus in working with individuals and families through the use of eclectic and collaborative approach (incorporating psychoanalytic, psychodynamic, family systems, cognitive, behavioral and mindfulness modalities) was solution-focused. Unique approach was adjusted to each client's needs and situation. Maintained up-to-date files and proficient in a variety of insurance billing procedures.

ANGELA M. HERRON
(Resume Continued)

PROFESSIONAL EXPERIENCE (continued)

LOS MEDANOS COLLEGE – Counselor (Adjunct Faculty) - Part time – 3-6 hours per week
Pittsburg, CA

12/08 – 05/10

Impeccably developed, planned and implemented programs for the Umoja Scholars Program. Assisted students in exploring their educational, career and personal goals. Worked with students to develop educational plans. Linked students with tutoring, mentoring, financial aid, scholarship and other support services to assist them in reaching academic and professional success. Consistently and reliably recruited and conducted outreach activities to sustain and grow the program. Developed and implemented the early intervention program, Ladder to Success mentoring program and establishing transfer agreements with Los Medanos College and Historically Black Colleges and Universities.

AWAKENING COUNSELING CENTER – Marriage and Family Therapist Intern – Part time – 20 hours per week
Brentwood, CA

10/06 – 10/08

Assessed and treated mental and emotional conditions. Developed individualized treatment plans with specific goals. Used various clinical intervention approaches. Knowledge of psychopharmacology. Conducted suicidal/homicidal evaluations and provided appropriate interventions. Conducted intake interviews with clients requesting counseling services. Provided individual and group counseling to children, teenagers, adults, elderly and couples. Maintained up-to-date files on clients. Consulted with supervisor and other staff as needed. Attended supervision on a weekly basis and in a prompt manner.

LA CHEIM, THERAPUETIC BEHAVIORAL – Marriage and Family Therapist Intern – Part time – 10 hours per week
Richmond, CA

04/07 – 10/07

Provided Therapeutic Behavioral Services (TBS) to children and adolescents who have a behavioral or emotional disturbance. Services were culturally competent, child centered and individualized. Supported the child's treatment plan and improved their social/interpersonal and emotional development and skills. Consulted with supervisor and other staff as needed. Attended supervision on a weekly basis and in a prompt manner.

KAISER PERMANENTE HOSPICE DEPARTMENT – Marriage & Family Therapist Intern - Part time – 15 hours per week
Martinez, CA

10/05 – 12/06

Assessed and treated mental and emotional conditions. Use of DSM IV. Developed treatment plans with specific goals. Use of various clinical intervention approaches. Knowledge of psychopharmacology. Knowledge of addictions as well as suicidal/homicidal evaluations and interventions. Conducted intake interviews with clients requesting bereavement and grief counseling services. Provided individual and group counseling to children, teenagers, adults, elderly and couples. Maintained up-to-date files on clients. Consulted with supervisor and other staff as needed. Attended training seminars, staff meetings and supervision on a weekly basis and in a prompt manner.

24 HOUR FITNESS – Corporate Recruiter – Full time – 40 hours per week
San Ramon, CA

12/00 – 05/03

Conducted formal classroom training courses for managers on interviewing techniques and the utilization of selection tools. Trained managers on effective management skills and effective discipline skills. Recruited employees for twenty-nine clubs in the Northern California Division. Streamlined open positions tracking system by developing and implementing staffing models for each District by working closely with the Regional Vice-Presidents and District Managers. Developed and implemented target sourcing that has increased applicant flow from thirty applicants per month to over eight hundred applicants per month. Developed professional and attractive recruiting marketing tools such as fliers, laminates, posters, and recruiting brochures. Managed advertising and marketing initiatives as well as planned staff attendance and recruiting strategies for job fairs and various regional conventions.

ANGELA M. HERRON
(Resume Continued)

PROFESSIONAL EXPERIENCE (continued)

AT&T BROADBAND & INTERNET SERVICES/TCI CABLEVISION – Sr. Staffing Specialist – Full time – 40 hours per week
San Ramon, CA 08/98 – 01/00

Established a new centralized staffing department. Created and implemented hiring policies, procedures, forms and guidelines for the purposes of efficient staffing from forecasting to close. Hired and trained Staffing Specialists for the Western Division. Independently recruited and hired technical staff in high volumes for a range of positions into multiple company locations throughout the Bay Area. Conducted formal classroom training on successful resume writing and effective interviewing skills for call center employees. Initiated college recruiting program and established recruitment advertising campaign. Consulted with Human Resource staff on headcount, retention, EEO goals and other staffing-related issues. Met monthly with members of the Executive Team to report progress as well as lend insights for reporting and tracking staffing process. Monitored employee turnover and developed strategies to increase short-term and long-term stability of the work force.

WRITERS, INC./ALTERNATIVE RESOURCES CORPORATION – Resource Manager – Full time – 40 hours per week
Oakland, CA 07/97 – 08/98

Recruited and placed IT professionals with a wide variety of companies throughout the Bay Area. Successfully processed fifteen to thirty requisitions per month. Effectively worked with senior management to identify recruiting needs and sourcing methodologies. Interviewed and screened temporary, contract and full-time technical professionals. Successfully negotiated compensation packages for the consultant and the hiring company to create a win-win for both parties. Increased website viewing by writing and posting attractive job descriptions. Awarded by company President for outstanding number of full-time placements within first three months of employment. Improved Writer's Inc. visibility by professionally representing the company at an increased number of industry organization meetings and job fairs throughout the Bay Area.

IBM CORPORATION – Customer Support Supervisor- Full time – 40 hours per week
Atlanta, GA 12/92 – 07/97

Developed all post-sales to pre-installation support activities for the national telesales call center. Recruited, trained and supervised a six-person post-sales support team. Created database for customer complaint tracking. Increased the company's consistency in tracking customer complaints by implementing corporate wide complaint tracking system for the national sales call center. Created a more consistent service team by clearly and concisely documenting post-sales to pre-installation support procedures. Provided software training, tips and techniques. Conducted formal classroom training for personnel on interoffice computer operating system. Facilitated interdepartmental projects and training for management and non-management personnel. Performed departmental needs assessments relative to skill and human resource requirements.

PROFESSIONAL ORGANIZATIONS

- Consolidated Planning and Advisory Workgroup (CPAW) – Member - 2016
- California Association of Marriage and Family Therapists (CAMFT) – Member - 2010
- Delta Parents Association – Member – 2007
- Delta Sigma Theta Sorority, Incorporated – Member – 1996

COMPUTER EXPERIENCE

Platforms	Windows
Desktop Publishing	MS Word, PowerPoint
Internet	Internet Explorer, Google Chrome
Spreadsheets/Databases	MS Excel



Contra
Costa
County

For Office Use Only
Date Received:

For Reviewers Use Only:
Accepted Rejected

BOARDS, COMMITTEES, AND COMMISSIONS APPLICATION

MAIL OR DELIVER TO:
Contra Costa County
CLERK OF THE BOARD
651 Pine Street, Rm. 106
Martinez, California 94553-1292
PLEASE TYPE OR PRINT IN INK
(Each Position Requires a Separate Application)

BOARD, COMMITTEE OR COMMISSION NAME AND SEAT TITLE YOU ARE APPLYING FOR:

Women's Commission
PRINT EXACT NAME OF BOARD, COMMITTEE, OR COMMISSION

At Large
PRINT EXACT SEAT NAME (if applicable)

1. Name: Herron Angela
(Last Name) (First Name) (Middle Name)

2. Address: [Redacted] Brentwood CA 94513
(No.) (Street) (Apt.) (City) (State) (Zip Code)

3. Phones: n/a [Redacted] [Redacted]
(Home No.) (Work No.) (Cell No.)

4. Email Address: [Redacted]

5. EDUCATION: Check appropriate box if you possess one of the following:

High School Diploma G.E.D. Certificate California High School Proficiency Certificate

Give Highest Grade or Educational Level Achieved: Masters Degree

Names of colleges / universities attended	Course of Study / Major	Degree Awarded	Units Completed		Degree Type	Date Degree Awarded
			Semester	Quarter		
A) John F. Kennedy University	Counseling Psychology	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>			MA	12/2006
B) Clark Atlanta University	Psychology	Yes No <input checked="" type="checkbox"/> <input type="checkbox"/>			BA	7/1992
C) [Redacted]	[Redacted]	Yes No <input type="checkbox"/> <input type="checkbox"/>				
D) Other schools / training completed:	Course Studied	Hours Completed	Certificate Awarded: Yes No <input type="checkbox"/> <input type="checkbox"/>			

6. PLEASE FILL OUT THE FOLLOWING SECTION COMPLETELY. List experience that relates to the qualifications needed to serve on the local appointive body. Begin with your most recent experience. A resume or other supporting documentation may be attached but it may not be used as a substitute for completing this section.

<p>A) Dates (Month, Day, Year) From <input type="text"/> To <input type="text"/> <input type="text"/> 6/2011 <input type="text"/> present Total: Yrs. <input type="text"/> Mos. <input type="text"/> <input type="text"/> 5 <input type="text"/> Hrs. per week <input type="text"/> 40 . Volunteer <input type="checkbox"/></p>	<p>Title <input type="text"/> Mental Health Clinical Specialist Employer's Name and Address <input type="text"/> Contra Costa County 2311 Loveridge Rd. Pittsburg, CA 94565</p>	<p>Duties Performed <input type="text"/> Provide client centered individual therapy and case management services to persistent and severely mentally impaired adults in Contra Costa County. Quickly and decisively analyze client behaviors and apply treatments, counseling or referrals as a part of a coordination of care.</p>
<p>B) Dates (Month, Day, Year) From <input type="text"/> To <input type="text"/> <input type="text"/> 08/08 <input type="text"/> 08/14 Total: Yrs. <input type="text"/> Mos. <input type="text"/> <input type="text"/> 6 <input type="text"/> Hrs. per week <input type="text"/> 6 . Volunteer <input type="checkbox"/></p>	<p>Title <input type="text"/> Adjunct Instructor Employer's Name and Address <input type="text"/> Los Medanos College 2700 E. Leland Rd. Pittsburg, CA 94565</p>	<p>Duties Performed <input type="text"/> Teach material from approved curriculum and develop lesson plans to include instructional aids. Participate in school retention initiatives by providing regular, accurate, and timely feedback to students and the school concerning academics, behavior and attendance.</p>
<p>C) Dates (Month, Day, Year) From <input type="text"/> To <input type="text"/> <input type="text"/> 12/07 <input type="text"/> 5/12 Total: Yrs. <input type="text"/> Mos. <input type="text"/> <input type="text"/> 4 <input type="text"/> 6 Hrs. per week <input type="text"/> 20 . Volunteer <input type="checkbox"/></p>	<p>Title <input type="text"/> Contract Case Manager Employer's Name and Address <input type="text"/> Alternative Family Services 111 Myrtle Street Oakland, CA</p>	<p>Duties Performed <input type="text"/> Effectively managed caseload of foster and adoptive children. Used a variety of clinical interventions working with parent/child and sibling relationship issues. Developed quarterly treatment plans. Acted as advocate and liaison for clients with other professional service providers in the community and within the AFS organization as necessary.</p>
<p>D) Dates (Month, Day, Year) From <input type="text"/> To <input type="text"/> <input type="text"/> <input type="text"/> Total: Yrs. <input type="text"/> Mos. <input type="text"/> <input type="text"/> <input type="text"/> Hrs. per week <input type="text"/> . Volunteer <input type="checkbox"/></p>	<p>Title <input type="text"/> Employer's Name and Address <input type="text"/></p>	<p>Duties Performed <input type="text"/></p>

7. How did you learn about this vacancy?

CCC Homepage Walk-In Newspaper Advertisement District Supervisor Other

8. Do you have a Familial or Financial Relationship with a member of the Board of Supervisors? (Please see Board Resolution no. 2011/55, attached): No Yes

If Yes, please identify the nature of the relationship:

9. Do you have any financial relationships with the County such as grants, contracts, or other economic relations? No Yes

If Yes, please identify the nature of the relationship:

I CERTIFY that the statements made by me in this application are true, complete, and correct to the best of my knowledge and belief, and are made in good faith. I acknowledge and understand that all information in this application is publically accessible. I understand and agree that misstatements / omissions of material fact may cause forfeiture of my rights to serve on a Board, Committee or Commission in Contra Costa County.

Sign Name: _____ Date: 6-13-16

Important Information

1. This application is a public document and is subject to the California Public Records Act (CA Gov. Code §6250-6270).
2. Send the completed paper application to the Office of the Clerk of the Board at: 651 Pine Street, Room 106, Martinez, CA 94553.
3. A résumé or other relevant information may be submitted with this application.
4. All members are required to take the following training: 1) The Brown Act, 2) The Better Government Ordinance, and 3) Ethics Training.
5. Members of boards, commissions, and committees may be required to: 1) file a Statement of Economic Interest Form also known as a Form 700, and 2) complete the State Ethics Training Course as required by AB 1234.
6. Advisory body meetings may be held in various locations and some locations may not be accessible by public transportation.
7. Meeting dates and times are subject to change and may occur up to two days per month.
8. Some boards, committees, or commissions may assign members to subcommittees or work groups which may require an additional commitment of time.

THIS FORM IS A PUBLIC DOCUMENT

**THE BOARD OF SUPERVISORS OF CONTRA COSTA COUNTY, CALIFORNIA and for
Special Districts, Agencies and Authorities Governed by the Board Adopted Resolution
no. 2011/55 on 2/08/2011 as follows:**

IN THE MATTER OF ADOPTING A POLICY MAKING FAMILY MEMBERS OF THE BOARD OF SUPERVISORS INELIGIBLE FOR APPOINTMENT TO BOARDS, COMMITTEES OR COMMISSIONS FOR WHICH THE BOARD OF SUPERVISORS IS THE APPOINTING AUTHORITY

WHEREAS the Board of Supervisors wishes to avoid the reality or appearance of improper influence or favoritism;
NOW, THEREFORE, BE IT RESOLVED THAT the following policy is hereby adopted:

- I. SCOPE: This policy applies to appointments to any seats on boards, committees or commissions for which the Contra Costa County Board of Supervisors is the appointing authority.
- II. POLICY: A person will not be eligible for appointment if he/she is related to a Board of Supervisors' Member in any of the following relationships:
1. Mother, father, son, and daughter;
 2. Brother, sister, grandmother, grandfather, grandson, and granddaughter;
 3. Great-grandfather, great-grandmother, aunt, uncle, nephew, niece, great-grandson, and great-granddaughter;
 4. First cousin;
 5. Husband, wife, father-in-law, mother-in-law, son-in-law, daughter-in-law, stepson, and stepdaughter;
 6. Sister-in-law (brother's spouse or spouse's sister), brother-in-law (sister's spouse or spouse's brother), spouse's grandmother, spouse's grandfather, spouse's granddaughter, and spouse's grandson;
 7. Registered domestic partner, pursuant to California Family Code section 297.
 8. The relatives, as defined in 5 and 6 above, for a registered domestic partner.
 9. Any person with whom a Board Member shares a financial interest as defined in the Political Reform Act (Gov't Code §87103, Financial Interest), such as a business partner or business associate.

THIS FORM IS A PUBLIC DOCUMENT