# **PEOPLE WHO MAKE A DIFFERENCE AWARDS 2016**

As approved by the Contra Costa County Alcohol and Other Drugs Advisory Board at the April 27, 2016

Monthly Meeting.

### **NON-VOLUNTEER INDIVIDUAL**

District IV - Supervisor Karen Mitchoff LINDA PETE

Linda Pete has dedicated a tremendous amount of time and energy to fully support the implementation of the Tobacco-Use Prevention Education (TUPE) Program at the Mt Diablo Unified School District. Linda was able to identify Site Coordinators at all 22 participating middle schools, high schools and continuation schools. She supported the recruitment of nearly 150 middle and high school Peer Educators who now lead peer-to-peer presentations and school-wide events. The TUPE researched based curriculum is inclusive of the consequences of alcohol and other drug use.

# NON-VOLUNTEER INDIVIDUAL District II – Supervisor Candace Andersen OFFICER DAVE WILLIAMS

For three years, Officer Dave Williams has been an active member of the San Ramon Valley Alcohol Policy Coalition. Officer Williams works as a Youth Resource Officer for the San Ramon Valley Police Department and his primary role is to work with first time juvenile offenders. He recently observed a successful diversion program that incorporated mental health assessment and counseling. By sharing the information he gleaned from this diversion program with the coalition, he was able to establish a unique collaboration with the Discovery Counseling Center to implement a similar program.

# YOUTH LEADERSHIP INDIVIDUAL District II- Supervisor Candace Andersen PUNYA SINGH

For three years Punya Singh has been a member of the Monte Vista Friday Night Live (FNL) Chapter. She has created a survey for both youth and adults regarding the Social Host Ordinance and has presented to the Danville Youth Council. Punya has also assisted in the planning of focus groups that have been convened at Monte Vista High School intended to upgrade the language of the Social Host Ordinance in Danville to include Prescription Drugs and Marijuana. Punya also dedicates her time to the California Youth Council and CourAGE.

# YOUTH LEADERSHIP GROUP District V- Supervisor Federal Glover RIVERVIEW MIDDLE SCHOOL FRIDAY NIGHT LIVE CHAPTER

The Riverview Middle School Friday Night Live Chapter in Bay Point implemented a youth survey regarding bullying as it relates to alcohol and other drug use. FNL Chapter members received over 200 completed surveys during their collection period. Several members completed store assessments which gave them the opportunity to observe the marketing strategies used by the alcohol industry to promote products to youth. The youth will present the findings and recommendations of the store assessment to local middle schools and school administration.

#### YOUTH LEADERSHIP GROUP

All Districts

#### **COURAGE HEALTH COALITION**

CourAGE (See Our AGE- Advocacy, Generation & Education) members are representatives from schools from throughout Contra Costa County and they have addressed multiple topics that affect their diverse communities. They have surveyed stores about alcopops, developed an educational presentation on Marijuana and its effects and they have gathered information and testimonies regarding the impact of flavored tobacco products. The coalition implemented a PSA contest on the topics of alcopops, marijuana and tobacco and they judged the submissions. CourAGE is preparing to host a "Film Festival" which will include an Awards Night to recognize the PSA winners.

#### YOUTH LEADERSHIP GROUP

All Districts

#### **EAST BAY YOUTH COALITION**

The East Bay Youth Coalition planned and organized the Youth-Led Marijuana Prevention Policy Summit to raise awareness about marijuana and youth use in their communities. The coalition members conducted various research projects on marijuana and youth perceptions of harm in Contra Costa County. The coalition developed policy recommendations aimed at decreasing youth use of marijuana and they presented those recommendations at the Youth Summit as well as to the Alcohol and Other Drugs Advisory Board.

## **VOLUNTEER GROUP**

District V- Supervisor Federal Glover

## **DISCOVERY HOUSE ALUMNI ASSOCIATION**

The Discovery House Alumni Association provides ongoing volunteer support to men in recovery and who are new treatment. The Alumni Organization is comprised of volunteers who organize various fundraising events and camping trips throughout the year. They utilize their past experiences to motivate Discovery House clients who are going through the recovery process to show that they too can overcome addiction. The Discovery House Alumni Association includes families and significant others who are committed to help others thrive and to remind them that Recovery is possible and that Treatment works.

### NON-VOLUNTEER GROUP

District IV - Supervisor Karen Mitchoff

## **UJIMA CENTRAL**

Ujima Central is located in Concord and serves substance abusing mothers and their children. Ujima provides women with alcohol and drug education, relapse prevention, parenting, and life skills while addressing the impact of trauma exposure within the family. Ujima programs treat addiction as a family disease while treating the mind, body and spirit.