

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2016/362

recognizing May 2016, as **Mental Health Awareness Month in Contra Costa County.**

WHEREAS, Mental Health Wellness and Recovery is a relevant social concern for millions of adults, adolescents, children and families; and

WHEREAS, recovery is possible through appropriate medical, social and culturally responsive support services; and

WHEREAS, individuals and families living with mental health concerns share with all community members a right to fair and equitable practices and community processes in the pursuit of education, housing, and employment; and

WHEREAS, all stakeholders and community members can participate in efforts to effectively address and support the delivery of culturally responsive services and supports, thereby reducing recovery times, hospitalizations, and relapses; and

WHEREAS, the commitment must begin at the local community level to increase awareness, replace misinformation, and eliminate stigma about mental illness and to promote the understanding that people with mental health issues can and do lead productive and satisfying lives; and

WHEREAS, the responsibility rests with all community constituents to help ensure mental health services are available to all who need them.

Now, Therefore, Be It Resolved that the Board of Supervisors does proclaim May 2016 as “**Mental Health Awareness Month**” in Contra Costa County and encourages all citizens to promote the restoration of mental wellness in the community.

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: May 10, 2016

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By: _____, Deputy