

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2015/372

Recognizing the month of October as Sudden Cardiac Arrest Awareness Month in Contra Costa County.

Whereas, approximately 400,000 out-of-hospital cardiac arrests occur each year in the United States; and
Whereas, the national survival rate of those treated by emergency medical services from cardiac arrest is 10.6 percent; and
Whereas, of those bystander witnessed cases in which individuals had a heart rhythm that could be treated effectively with a defibrillator 31.4 percent survived; and
Whereas, sudden cardiac arrest can happen to any person regardless of age, education, race or socio-economic background; and
Whereas, individuals and families can take simple steps to avoid the tragedy of the unnecessary loss of life; and
Whereas, awareness of the symptoms of sudden cardiac arrest – A victim has collapsed and cannot be awakened; and
Whereas, knowing what actions to take – Call 9-1-1 and Push Hard and Fast in the middle of the chest – Hands Only CPR (cardiopulmonary resuscitation); and
Whereas, applying an AED (automated external defibrillator) if one is available; and
Whereas, taking these actions can double the chances of survival; and
Whereas, Contra Costa County communities are working to make their community a HeartSafe Community.
Now, Therefore, Be It Resolved that the Contra Costa County Board of Supervisors does hereby recognize the month of October 2015 as Sudden Cardiac Arrest Awareness Month in Contra Costa County, recognizing that increasing awareness will save lives; as the number of citizens who know the signs of cardiac arrest, who know to call 9-1-1 and who do CPR and apply an AED increases, so will survival; and Be It Further Resolved that the Contra Costa County Board of Supervisors encourage communities to observe this month with appropriate programs, ceremonies, and activities.

JOHN GIOIA

Chair,
District I Supervisor

CANDACE ANDERSEN

District II Supervisor

MARY N. PIEPHO

District III Supervisor

KAREN MITCHOFF

District IV Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: October 6, 2015

David J. Twa,

By: _____, Deputy