THE BOARD OF SUPERVISORS OF CONTRA COSTA COUNTY, CALIFORNIA

and for Special Districts, Agencies and Authorities Governed by the Board

Adopted this Resolution on 09/22/2015 by the following vote:

| AYE: | 5 | John Gioia Candace Andersen Mary N. Piepho Karen Mitchoff Federal D. Glover | THE STATE OF THE S |
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| NO: | | | |
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Resolution No. 2015/362

IN THE MATTER OF: RECOGNIZING SEPTEMBER 2015 AS SUICIDE PREVENTION AWARENESS MONTH, IN CONTRA COSTA COUNTY.

WHEREAS, the Contra Costa County Board of Supervisors recognizes September 2015 as Suicide Prevention Awareness Month, shedding light on those suffering with depression or other mental behavioral health issues; and

WHEREAS, suicide is a human tragedy that transcends socioeconomic status, age, gender and ethnicity; and

WHEREAS, suicide is the tenth leading cause of all deaths in the United States and the third leading cause of death among individuals between the ages of 15 and 24 and takes the lives of nearly 30,000 Americans every year; and

WHEREAS, suicide has an everlasting impact on the survivors who are left to process the loss of their loved ones and who are at the increased risk of suicide themselves; and

WHEREAS, suicide prevention efforts should be developed and encouraged to the maximum extent possible; and

WHEREAS, suicide is preventable through increased knowledge about warning signs, timely intervention, and by limited access to lethal means for those at risk: and

WHEREAS, Contra Costa County calls to action the Health Services Department, Public Officials, Private Health Providers and Hospitals, Community-Based Organizations, Faith-Based Organizations, and individuals within our communities to educate and take action to address this devastating public health issue; and

WHEREAS, in September 2013, the Contra Costa County Board of Supervisors adopted a Suicide Prevention Strategic plan providing a roadmap for communities to reduce suicide through education, increasing awareness of knowing the warning signs, and implementing trainings to equip people with tools needed to help others who consider suicide; and

NOW, THEREFORE, BE IT RESOLVED that the Contra Costa County Board of Supervisors hereby recognizes September 2015 as Suicide Prevention Awareness Month and encourages citizens to join in this important observance.

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: September 22, 2015

David J. Twa, County Administrator and Clerk of the Board of Supervisors

By: Stephanie L. Mello, Deputy

cc:

252-4500

Contact: LEA CASTLEBERRY (925)