

*The Board of Supervisors of  
Contra Costa County, California*

In the matter of:

**Resolution No. 2015/353**

**Recognizing the Month of September as National Recovery Month in Contra Costa County.**

WHEREAS, behavioral health is an essential part of health and one's overall wellness; and  
WHEREAS, prevention of mental and alcohol and other drug disorders works, treatment its effective, and people recover in our area and around the nation; and  
WHEREAS, the benefits of preventing and overcoming mental and alcohol and other drug disorders are significant and valuable to individuals, families, and the community at large; and  
WHEREAS, people in recovery achieve healthy lifestyles, both physically and emotionally, and contribute in positive ways to their communities; and  
WHEREAS, we must encourage relatives and friends of people with mental and alcohol and other drug disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and  
WHEREAS, since 2005 Support4Recovery Inc., a grass roots non-profit organization, holds its Annual Recovery Walk Celebration in Martinez honoring those who have overcome their addictions and celebrates life; along with educating community members about alcohol and other drug disorders, the effectiveness of various programs, and the realistic possibility of recovery; and  
WHEREAS, we invite all residents of Contra Costa County to participate in National Recovery Month events throughout the County.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors of Contra Costa County do hereby proclaim the Month of September 2015 as NATIONAL RECOVERY MONTH in Contra Costa County and call on the residents to observe this month with appropriate programs, activities such as the 11th Annual Recovery Walk, and ceremonies to support the people to achieve and sustain long-term recovery.

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**JOHN GIOIA**

Chair,  
District I Supervisor

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**CANDACE ANDERSEN**

District II Supervisor

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**MARY N. PIEPHO**

District III Supervisor

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**KAREN MITCHOFF**

District IV Supervisor

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**FEDERAL D. GLOVER**

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: September 15, 2015

David J. Twa,

By: \_\_\_\_\_, Deputy