## The Board of Supervisors of Contra Costa County, California

In the matter of: Resolution No. 2015/198

Recognizing June as Alzheimer's and Brain Awareness Month in Contra Costa County.

Whereas, today there are more than 5 million Americans living with Alzheimer's, a figure that is expected to grow to as many as 16 million by mid-century if we don't develop a cure or an effective treatment; and

Whereas, Contra Costa County is home to many military veterans, and research has shown that soldiers and veterans are at elevated risk for dementia and cognitive decline, due to their increased risk of head injuries, post-traumatic stress disorder and other war-related factors; and

Whereas, researchers are making great progress in developing ways to accurately diagnose and treat Alzheimer's disease, and we need to accelerate the pace of that research if we are going to have a disease-altering treatment in the next 10 years; and

Whereas, The Alzheimer's Association is marking June as Alzheimer's and Brain Awareness Month and June 21 as The Longest Day, and asking residents of Contra Costa County to visit <u>actionalz.org</u> to learn more about Alzheimer's and become part of the effort to combat this disease.

Now, Therefore, Be It Resolved that the Contra Costa Board of Supervisors, do hereby proclaim June as Alzheimer's and Brain Awareness month and June 21, 2015, as "The Longest Day" in Contra Costa County.

JOHN GIOIA

Chair,
District I Supervisor

District II Supervisor

District III Supervisor

**KAREN MITCHOFF**District IV Supervisor

**CANDACE ANDERSEN** 

**FEDERAL D. GLOVER**District V Supervisor

MARY N. PIEPHO

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown

ATTESTED: June 9, 2015

David J. Twa,

By: , Deputy