

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2015/52

Declaring February 15-21, 2015 as People of African Descent Mental Health Awareness Week and February 20, 2015 “I’m A Winner Day” in Contra Costa County.

WHEREAS, the Contra Costa County Board of Supervisors declares February 15-21, 2015 as People of African Descent Mental Health Awareness Week in Contra Costa County; and February 20, 2015 “I’m A Winner Day;” and

WHEREAS, there is a need to support the recovery process of African American clients/consumers and family members struggling with the challenges of mental health issues through the delivery of culturally responsive services, including but not limited to community defined practices; and

WHEREAS, mental health issues are among the leading causes of disability in America; and

WHEREAS, the 1999 Surgeon General’s Report identified African Americans as one of the four major ethnic groups experiencing mental health disparities in this nation. The report cites African American mental health clients and consumers as often being served inappropriately and in the most restrictive settings, resulting in poor outcomes; and

WHEREAS, Contra Costa County Mental Health Services Department in an effort to respond to the concerns of this population has heeded the voice of the African American community by supporting a training on February 20, 2015, called "I'm a Winner Day," through collaboration with NAMI Contra Costa County and the Mental Health and Faith Consortium of Contra Costa County that is designed to empower the community, celebrate Black History Month, and highlight tools that will enhance restoration of mental health wellness; and

WHEREAS, clients/consumers, family members, providers, spiritual leaders and all other interested stakeholders can participate in efforts to unite in a collective effort to replace misinformation about mental health, erase prejudice and fear and blame thereby reducing stigma and disparities to the African American community.

NOW, THEREFORE, BE IT RESOLVED, that the Board of Supervisors, County of Contra Costa declares February 15- 21, 2015 as People of African Descent Mental Health Awareness Week and February 20, 2015 “I’m A Winner Day” and encourages all residents to support consumers, clients, caregivers, and healthcare providers in their efforts to alleviate suffering and help all those affected by mental illness.

JOHN GIOIA

Chair,
District I Supervisor

CANDACE ANDERSEN

District II Supervisor

MARY N. PIEPHO

District III Supervisor

KAREN MITCHOFF

District IV Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: February 10, 2015

David J. Twa,

By: _____, Deputy