

*The Board of Supervisors of
Contra Costa County, California*

In the matter of:

Resolution No. 2015/42

Recognizing February as American Heart Month

WHEREAS, the month of February has been proclaimed by the President as “American Heart Month.”
WHEREAS, over 400,000 Americans die from heart disease each year, more than breast cancer, lung cancer, prostate cancer and AIDS combined; and
WHEREAS, over 92% of those suffering sudden cardiac arrest die before reaching the hospital; and
WHEREAS, chances of survival are increased dramatically if cardiopulmonary resuscitation (CPR) and automated external defibrillator (AED) resources are available and utilized within the first three to seven minutes after sudden cardiac arrest; and
WHEREAS, the goal of American Heart Month is to raise awareness of heart disease, prevention and treatment; and
WHEREAS, it is appropriate to increase awareness of how to prevent cardiovascular disease and the appropriate intervention should an individual suffer from cardiovascular disease; and
WHEREAS, it is appropriate to increase awareness of the value of CPR training and encourage placement of AEDs in public places; and
WHEREAS, the American Heart Association and the Contra Costa County Emergency Medical Services Agency advocate the “Chain of Survival,” which represents the five crucial links of the emergency treatment of sudden cardiac arrest. The links are:
Early Access to Care * Early CPR * Early Defibrillation *
Effective Advanced Life Support * Integrated Post Cardiac Arrest Care
WHEREAS, Contra Costa County Emergency Medical Services is committed to strengthening the links in the chain of survival in the County; and supports widespread CPR training, and public access defibrillation (PAD) and HeartSafe Community programs; and
WHEREAS, Contra Costa County communities are working to make where their citizens live, work, shop and play HeartSafe:
NOW, THEREFORE, BE IT RESOLVED that the Board of Supervisors designates February as American Heart Month, encouraging all residents of Contra Costa County to learn the risks of cardiovascular disease, to stay fit through exercise and good nutrition, to know the signs of Stroke, Heart Attack and Sudden Cardiac Arrest, to learn critical lifesaving skills such as CPR and AED use, to call 9-1-1, to Act in Time when a cardiovascular emergency occurs and encouraging each community to become a HeartSafe Community.

JOHN GIOIA

Chair,
District I Supervisor

CANDACE ANDERSEN

District II Supervisor

MARY N. PIEPHO

District III Supervisor

KAREN MITCHOFF

District IV Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

ATTESTED: February 3, 2015

David J. Twa,

By: _____, Deputy