

**THE BOARD OF SUPERVISORS OF CONTRA COSTA COUNTY, CALIFORNIA**  
**and for Special Districts, Agencies and Authorities Governed by the Board**

Adopted this Resolution on 05/05/2009 by the following vote:

**AYES:**

**NOES:**

**ABSENT:**

**ABSTAIN:**

**RECUSE:**



**Resolution No. 2009/163**

IN THE MATTER OF PROCLAIMING MAY 2009 AS MENTAL HEALTH MONTH IN CONTRA COSTA COUNTY

WHEREAS, Mental illness affects millions of adults, adolescents, children and their families causing stress and suffering as well as costing our nation billions of dollars annually for lost productivity, economic dependence and health care; and

WHEREAS, Mental illness is a physical and emotional condition that is treatable, with possible recovery, through appropriate medical, social and support services; and

WHEREAS, People with mental disabilities share with all people a desire and need for interpersonal acceptance and support, educational opportunities, decent housing and an opportunity to be productive; and

WHEREAS, Through the effective prevention and relevant, responsive treatment of mental and emotional disorders we can return individuals to productive and successful lives; and

WHEREAS, The commitment must begin at the local community level to increase awareness and reduce stigma about mental illness and to promote the understanding that people with mental disorders can and do lead productive and satisfying lives; and

WHEREAS, The responsibility rests with all community members to help ensure mental health services are available to all who need them; and

NOW, THEREFORE, BE IT RESOLVED that the Contra Costa County Board of Supervisors hereby proclaims May 2009 as "Mental Health Month" in Contra Costa County

**Contact: Amy Prentice, 925-820-8683**

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors on the date shown.

**ATTESTED: May 5, 2009**

David J. Twa, County Administrator and Clerk of the Board of Supervisors

By: , Deputy

**cc:**