## The Board of Supervisors of Contra Costa County, California

IN THE MATTER OF RECOGNIZING THE CARING HANDS VOLUNTEER CAREGIVER PROGRAM'S 10th ANNIVERSARY RESOLUTION NO. 2009/82

- WHEREAS, Caring Hands Volunteer Caregivers Program was founded in August 1998, Caring Hands volunteers have logged more than 140,000 hours of service since its inauguration; and
- WHEREAS, Caring Hands has attempted to meet a remarkable and growing need for volunteer services in Central, South and East Contra Costa County since 1998; and
- WHEREAS, Caring Hands Volunteer Caregivers Program is to promote independence and enhance the quality of life of the aging population in the Contra Costa County community through meaningful, one-on-one relationships with caring volunteers; and
- WHEREAS, Caring Hands mission is to create one-on-one matches between caring volunteers and seniors in need who may be frail, isolated, or disabled over the age of 60, enabling them to stay in their homes, and remain independent, as long as safely possible by providing free non-medical in-home assistance; and
- WHEREAS, Caring Hands Volunteer Caregivers Program services include: friendly phone calling (in conjunction with any other service), friendly visiting and companionship, transportation and escort to medical appointments and other needed services, assistance with shopping and errands, respite care (or rest for the family caregiver), reading mail and letter writing, light household tasks and light meal preparation, minor home repairs and yard work; and
- WHEREAS, Caring Hands Volunteer Caregivers Program in 2006 added a Hispanic Outreach program speaking volunteers and is serving 28 Hispanic seniors; and
- WHEREAS, The Caring Hands Volunteer Caregivers Program in 2007 was awarded Transportation provider of the year by Contra Costa County Advisory Council on Aging; and
- WHEREAS, The Caring Hands Volunteer Caregivers Program Senior Transporting Program is currently serving 78 seniors with occasional transportation to and from Medical appointments; and
- WHEREAS, Caring Hands statistics for Contra Costa County reveal that during the period from 1900-2010 there will be 237% increase in the 85 plus age group. In addition, the statistics for the same period indicate nearly 155,000 people will join the 55 plus population or more than one in four households will need the type of assistance Caring Hands provides; and
- WHEREAS, Caring Hands Volunteer Caregivers Program continues to grow each year to serve more seniors, currently, serving more than 406 seniors and totaling 388 volunteers. Caring Hands is looking forward to expansion to serve even more seniors in the coming years; and

NOW, THEREFORE, BE IT RESOLVED THAT THE CONTRA COSTA COUNTY BOARD OF SUPERVISORS recognizes and honors the Caring Hands Volunteer Caregivers Program for their continued commitment to the Contra Costa County aging community and congratulates them on their 10th Anniversary.

SUSAN A. BÓNILLA

JOHN GIOIA

Astrict I Supervisor

District IV Supervisor

BAYLE B. UILKEMA

District II Supervisor

MĂRY N. PIEPHO

District III Supervisor

FEDERAL D. GLOVER

District V Supervisor

I hereby certify that this is a true and correct copy of an action taken and entered on the minutes of the Board of Supervisors . the date shown:

ATTESTED: February 24, 2001

AVID J. TWA, Clerk of the Board of Supervisors and

County Administrator