

CONTRA COSTA COUNTY

Mental Health Services Act Prevention and Early Intervention (PEI)

Supplemental PEI Statewide Projects Assignment Agreement

November 14, 2008

SUPPLEMENTAL MHSA PEI STATEWIDE PROJECTS ASSIGNMENT AGREEMENT

Contra Costa County

30-Day Public Review and Comment 11/14/2008-12/18/2008

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Introduction

The Mental Health Services Act (MHSA) provides funding to expand mental health services in California for children, youth, adults and seniors – with the intent of transforming how mental health care is accessed and delivered using programs proven to be effective. A portion of the MHSA funds have been set aside to provide Prevention and Early Intervention (PEI) services. PEI services and programs should be aligned with the transformational concepts inherent in the MHSA:

- Community collaboration;
- Cultural competency;
- Individual/family-driven programs and interventions;
- Wellness focus, including concepts of resilience and recovery; and
- Integrated services experience for individuals and their families.

Contra Costa County Mental Health (CCMH) intends to utilize local and statewide funds as effectively as possible. From our perspective, a statewide approach to certain aspects of prevention is an important component of the overall effort. Broad prevention approaches to suicide prevention, stigma and discrimination and student mental health will connect efforts across counties in California. In order for statewide prevention projects to go forward, counties must assign a portion of PEI funds back to the State for statewide distribution. If the funds are not assigned for statewide use, they cannot be used for other local efforts. To assist with local stakeholder understanding of the process and to comply with the requirement, a brief overview of proposed statewide prevention projects and a copy of the assignment agreement letter are available for stakeholder review and comment.

The Supplemental PEI Statewide Projects Assignment Agreement is for new PEI funds, and as such is available for 30-day public review and comment in Contra Costa County. We appreciate and thank you for your interest. If you have any questions please call MHSA Program Manager Sherry Bradley at 925-957-5150 or e-mail her at sbradley@hsd.cccounty.us.

The assignment agreement will be the topic of a Public Hearing hosted by the Contra Costa County Mental Health Commission on Thursday, December 18, 2008, at 5:00 p.m., in the Board of Supervisors Board Room, located at 651 Pine Street, First Floor, Martinez, CA. Everyone is welcome to attend.

Overview

The Mental Health Services Act Oversight and Accountability Commission (OAC), the California Mental Health Director's Association (CMHDA), and the California State Department of Mental Health (DMH) have been working collaboratively to develop a method of implementation for statewide prevention projects. In 2007, the OAC approved five PEI

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Statewide Projects that including funding for each project. If you wish, you may access the statewide projects that are identified in the PEI proposed plan guidelines on the DMH website (http://www.dmh.ca.gov/Prop_63/MHSA/default.asp).

In 2008, the OAC determined that three statewide projects would be most effectively implemented through a single administrative entity, and that a combined funding level each year for four years would be used specifically for these three projects.

Beginning below is a broad description of the three statewide projects:

Suicide Prevention – Intended to significantly impact information about suicide prevention by:

- Building a system of suicide prevention at both state and local levels;
- Providing training, technical assistance, resources and other needed supports to help counties successfully develop and implement suicide prevention activities;
- Increasing the capacity and quality of local suicide prevention hotlines; and
- Increasing the capacity of the workforces to effectively prevent suicides.

Student Mental Health Initiative – Intended to provide grants to educational institutions for:

- Campus-based mental health programs;
- Systems and policy development that integrates a comprehensive system of campus-based supports; and
- Trainings for campus-based staff, County Mental Health staff, other direct providers and educators, and peers and family to raise awareness of mental health and wellness on campuses in order to build capacity for effective early intervention programs.

Stigma and Discrimination Reduction – Intended to develop a strategic plan to reduce stigma and discrimination against people living with mental illness. Goals for this project include:

- Reduce stigma experienced by individuals who have a mental illness, or have a social, emotional or behavioral issue;
- Reduce stigma experienced by parents or caregivers of children, youth and other family members with mental illness, or who have a social, emotional or behavioral issue;
- Reduce stigma associated with seeking services and supports for mental health issues;
- Reduce discrimination against individuals living with mental illness, or who have social, emotional or behavioral issues;
- Support and complement county-level interventions that address stigma and discrimination.

The DMH has agreed to implement these projects upon receiving funds from the counties and the appropriate state budget authority. For DMH to access funds to implement the PEI statewide projects, it is necessary for counties to assign funds to DMH for these projects, These PEI

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statewide projects have been and will continue to be developed and implemented with involvement of County Mental Health Directors and staff, CMHDA, OAC staff and other diverse stakeholders throughout California. Once the funds are assigned to DMH, steps toward implementation may begin. Counties throughout the state are conducting their own planning process for local PEI plan development and their own local PEI projects and will benefit directly and indirectly from these statewide projects through training and technical assistance, support for the implementation of local PEI projects, media and social marketing in multiple languages, model program sites, enhancement of state and local efforts, research and evaluation, and statewide quality improvement activities.

Local Community Planning Process:

In Contra Costa County, the community planning process began in February 2008 will continue through the proposed plan submission in early 2009. In collaboration with key community partners, general stakeholder meetings were conducted over a period of months, beginning on March 30, 2008, and concluding with the last PEI Stakeholder meeting held November 6, 2008. Many diverse community members participated by attending stakeholder meetings and/or submitting completed surveys. The local stakeholder process is intended to engage community members to give input concerning certain Key Community Needs and Priority Populations identified in the PEI Plan Guidelines issued by the DMH. Stakeholder input is also included in the analysis, selection and prioritization process that will determine where Contra Costa County will begin its PEI programming efforts. Collaboration and leveraging of existing resources is encouraged in the PEI Plan Guidelines. (For further information, see http://www.dmh.ca.gov/Prop_63/MHSA/Prevention_and_Early_Intervention/default.asp).

Key Community Mental Health Needs:

- Disparities in access to mental health services
- Psycho-social impact of trauma
- At-risk children, youth and adult populations
- Stigma and discrimination
- Suicide risk

Priority Populations:

- Underserved cultural populations of all ages
- Individuals of all ages experiencing onset of serious psychiatric illness
- Trauma-exposed people of all ages
- Children/Youth
 - In stressed families
 - At-risk for school failure
 - At-risk of or experiencing juvenile justice involvement

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Key Community Partners for Planning and Implementation of Local PEI Funds:

- Consumers & Family Members
- Representatives from Underserved Communities (Native American, African American, Latino, Asian/Pacific Island, LGBT)
- Social Service (CPS, APS, EHSD, Senior Services, Community Based Orgs)
- Education (Primary, Secondary, 2 post-secondary)
- Health Community (Public Health, Primary Care/Physical Health Care, Clinic Consortium)
- MH Providers (Contractors & County Staff)
- Faith Based Community Representatives
- Law Enforcement (County Sheriff, Local City Jurisdictions, Courts, Probation Dept)
- Contra Costa Mental Health Commission

Enclosure 3
SUPPLEMENTAL MHSA PEI STATEWIDE PROJECTS ASSIGNMENT AGREEMENT
Contra Costa County

Contra Costa County agrees to participate in the Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI) Statewide Projects funded from the PEI Component of the MHSA Three-Year Program and Expenditure Plan. The MHSA PEI Statewide Projects will be administered by the Department of Mental Health (DMH) in collaboration with the Mental Health Services Oversight and Accountability Commission (OAC) and the California Mental Health Directors Association (CMHDA).

Contra Costa County agrees that upon its approval of this Assignment, in addition to any funds previously assigned, the following amounts will be transferred to DMH concurrent with the start of the State Fiscal Year (SFY) from which they are assigned subject to the effective conditions specified below:

- \$917,200 of the County's SFY 08/09 PEI Statewide Project Planning Estimate
- \$917,200 of the County's SFY 09/10 PEI Statewide Project Planning Estimate
- \$917,200 of the County's SFY 10/11 PEI Statewide Project Planning Estimate
- \$917,200 of the County's SFY 11/12 PEI Statewide Project Planning Estimate

Specifically, funds in the amount specified will be transferred from the Mental Health Services Fund Local Assistance portion of the DMH state budget, item 4440-001-3085, to the State Operations portion of the DMH state budget, item 4401-001-3085, Program 10, State Operations.

DMH will use these funds to administer three PEI Statewide Projects: Suicide Prevention, Student Mental Health Initiative, and Stigma and Discrimination Reduction.

Assignment shall be effective only upon:

- Approval by DMH;
- A fully-executed County MHSA Agreement with DMH; and
- Appropriation of sufficient funds in the State Budget Act to fund the PEI Statewide Projects outlined above.

Approved for County (by signature)	Date:
<i>To be signed following 30 day review/hearing</i>	
Printed Name and Title:	
Donna M. Wigand, LCSW, Mental Health Director	

Contra Costa County Mental Health Division
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www.cchealth.org/services/mentalhealth/prop63/pei_planning.php

MENTAL HEALTH SERVICES ACT (MHSA) / PROP. 63

**MHSA PEI Assignment Agreement for the
Supplemental PEI Standards Projects – 2008**

30-day Public Comment Form
November 14, 2008-December 18, 2008

PERSONAL INFORMATION (Optional)

Name:

Agency/Organization:

Phone Number: (____) _____ E-mail:

Mailing Address:

City: _____ Zip:

MY ROLE IN THE MENTAL HEALTH COMMUNITY

Client/Consumer

Family Member

Education

Social Services

Service Provider

Law Enforcement/

Criminal Justice

Probation

Other (specify):

WHAT DO YOU SEE AS THE STRENGTHS OF THE PROPOSED AGREEMENT?

PLEASE EXPLAIN ANY CONCERNS YOU HAVE ABOUT THE AGREEMENT.

